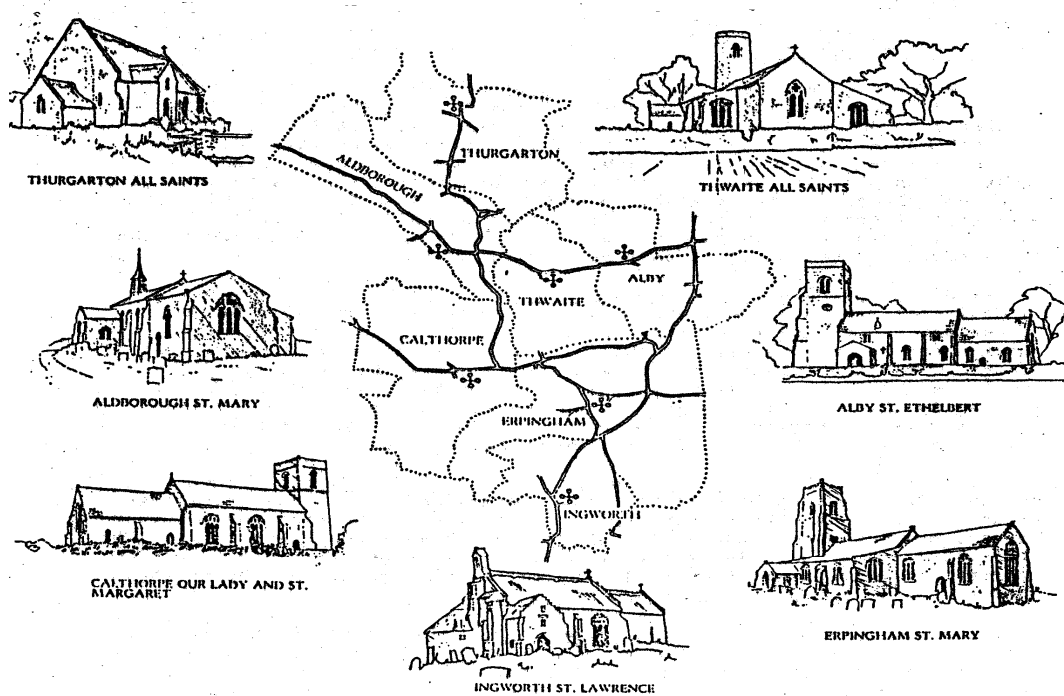


KEEPING IN TOUCH

MAY 2014

News from the Scarrowbeck Group of Parishes
 Alby, Aldborough, Calthorpe, Erpingham, Ingworth, Thwaite, Thurgarton



CHURCH SERVICES

Holy Communion unless marked M=Matins E=Evensong
 *=a change of time or place

MAY	3rd Sunday of Easter 4th	4th Sunday of Easter 11th	5th Sunday of Easter 18th	6th Sunday of Easter 25th
ALBY	10.00 Group Eucharist	3.00 HC	--	--
ALDBOROUGH	↑ ↑	11.00	8.00	11.00 Family Service
CALTHORPE	↑ ↑	--	9.30	--
ERPINGHAM	↑ ↑	9.30	--	9.30
INGWORTH	↑ ↑	*10.00 M	*6.30 E	--
THWAITE	↑ ↑	9.30 M	11.15	6.30 E

WEEKDAY SERVICES

Wednesdays 9.15 at Ingworth
 Thursdays 7.30pm at Calthorpe (HC 1st, Benediction 8th)
 Erpingham (HC 15th, Benediction 22nd, HC 29th)
 Friday, 23rd 9.15 at Aldborough

Parish Priest: Fr Paul Thomas, The Rectory, School Road, Erpingham
 01263 761110 e-mail: synergyatwork@aol.com

www.scarrowbeckbenefice.org.uk

FROM THE RECTORY

Hello everybody,



Easter Day has passed but we still bask in the wonder of the Easter Season and what a joy it is, although I am all too aware that difficulties and sadness attend many in the Benefice. I assure you my prayers for you never cease.

The Lent Experience was well attended, and I am most thankful for those who came. We now look forward to the Quiet Day at Mannington Hall. If you would like to come then do telephone for a ticket for £5 which includes coffee, lunch and tea. It promises an oasis in a busy and demanding world. No church affiliation is necessary.

As many know boundary changes are imminent to make better sense of ministry in the local area. Currently it would seem sensible to merge two Benefices, ours, the Scarrowbeck Benefice, and the Roughton Benefice, which is under the charge of the Revd John Smith who many will know served as a Curate in this parish. A meeting over supper between the churchwardens of both Benefices takes place in May, to which we are all looking forward. The actual legal process may take some considerable time, but meanwhile John and I will work collegially and I am looking forward to that immensely. This idea came from the Archdeacon, John Ashe, but had already entered the minds of our own Churchwardens and others.

So, exciting times ahead, but we shall still concentrate our efforts on building our spirituality and our congregations. It was a delight to use the Stole produced by the children of Erpingham School at Messy Church during our Easter Communion. We also look forward to using the Family Service booklet at Aldborough Church, designed by the School there.

Meanwhile, every blessing to you and your family.

Fr Paul

FROM THE REGISTERS

Marriage	12 April	at Erpingham Church	Thomas Semmence and Laura Barnard
Funeral	22 April	at Aldborough Church	Betty Faulkner



GROUP SERVICES

Sunday 4th May, 10.00, at Alby Church
Sunday 1st June, 10.00, at Aldborough Church



Week beginning Sunday

PRAYERS FOR THE PARISHES

MAY

- 4 Alby: Town Green, Thwaite Road
- 11 Thwaite: The Common, Thwaite Hill
- 18 Aldborough: Margaret Lilly Way, Tinkers Close
- 25 Erpingham: Scarrowbeck Road, School Road

CHRISTIAN FELLOWSHIP

TUESDAY 27 MAY 2.30 – 4.00

at Prince Andrew’s Chapel, Aldborough

TOPIC: A mystery, but sure to be worth while!

A GOOD CUPPA GUARANTEED! [Contact: Pauline Hill – 768738]



HALF AN HOUR IN ALDBOROUGH

I have just returned from the monthly Friday morning Communion at 9.15 in Aldborough Church and just wanted to let you all in on a little "treasure":-

1. It was only 30 minutes long.
2. There were four of us, including Fr Paul.
3. We sat in the choir stalls, very close to the impressive east window and the altar.
4. There was no music or singing.
5. It was probably *the* most peaceful and focussed of all the services I attend.
6. I always leave inspired and refreshed.
7. If you can, do come along on 23rd May.
8. Give me a call and I will be happy to give you a lift (768077). Jill K

Prince Andrew's Chapel
Aldborough
Living the Message of Jesus in North Norfolk
Sundays @ 10.45 for about an hour
**All are welcome to join us as we worship God
and study the Bible together**
John & Jenny (577624) or David & Jean (768416)
www.princeandrewschapel.org.uk

Gift Aid Reminder

Treasurers and Gift Aid Secretaries have been asked to remind donors that the income tax personal allowance (the amount of income you can receive before income tax starts being payable) has now risen to £10,000 for anyone born after 5 April 1948. The rates for those born before that date are unchanged, at £10,660 for those born before 6 April 1938, and £10,500 for those born between 6 April 1938 and 5 April 1948.

If regular givers no longer pay tax, then they should cancel any enduring Gift Aid declarations that they have.

CHRISTIAN AID WEEK, 11 – 17 MAY - Can YOU provide the gift of hope?

£15 could provide blankets for refugee children to protect them from bitter night-time temperatures.

£40 could provide enough good quality and nutritious food for two refugee children for a month.

£150 could help us provide specialist emotional support for a child deeply traumatised by the horror of war that they've witnessed or experienced.

In some of the toughest places in the world, Christian Aid is helping people caught up in conflict to get the basics: medical care, water, food, shelter. when the fighting stops, Christian Aid is still there, helping communities walk the long road to recovery - from building homes where families can feel safe to making sure people who've lost everything can earn a living again.

Please respond generously when you get your envelope.

There are very few areas of the country that Christian Aid collectors don't reach, but Ingworth was one of them last year. **Are there any walkers who could include delivering and collecting envelopes as part of their exercise?** If you can help please tell local organiser Enrica Botwright, 01263 761216.

ALBY CHURCH says 'Thank you!'

The Coffee Morning on 1st April raised the splendid sum of **£281.05**.

We want to thank all those who helped and supported us for making the event so enjoyable and so successful. Special thanks to Aldborough Church Room for letting us use their facilities.

THWAITE CHURCH TABLE TOP SALE

in Erpingham Village Hall on **Saturday 10th May, 2.00 – 4.00.**
To book a table for £5, please ring Daphne Nichols on 01263 761704.
Tombola and refreshments.

ALDBOROUGH GARDEN CLUB

On **Thursday 15th May** there will be an **outing to Woodgate Nursery**, leaving the village at **6.30**. For more details contact Christine Carlson, 01263 761715.

The **Flower & Vegetable Show** this year will be on **Saturday 17th July**. Plan your plantings!



THE NEXT **FARMERS MARKET** in aid of Stepping Stones Pre-School will be on **SUNDAY, 4th May, 9.30 - 12.30**, in Aldborough Community Centre.

There are markets on the first Sunday of each month.

Thank you to everyone who came to the Farmers Market in April: there was a fantastic turn out, and a really lovely atmosphere, with a large amount of bacon rolls sold!

If you haven't been able to come to the Farmers Market recently, it is definitely worth taking a look, as we have a variety of new stall holders with some wonderful produce.

We were very excited to welcome Dover Farm Nurseries with a fantastic array of garden and vegetable plants and a wonderful new fish stall, as well as our new cheese seller, La Sabrosa Continental, with an incredible variety of different cheeses. Our old favourites are still there, selling beautiful pork, chicken, lamb, chutneys, jams, bread and the famous pies from Mr Kew!

So please do come and have a browse and support our Farmers Market and the local producers that we are so lucky to have! Don't forget, we'll be selling tasty bacon rolls and cakes for you to enjoy after you've done your shopping!

If you are interested in having a stall, please contact Julie on 768616. Thank you for your support.

Stepping Stones Pre-School Open Day

Stepping Stones Pre-School, based in a refurbished wing of Aldborough Primary School, will be holding an Open Day on **Saturday 17th May, 10.00 – 12.00**. There will be fun activities for children and an opportunity to look around the Pre-School and the School, as well as an opportunity to chat with current parents and staff at Stepping Stones. Everyone is welcome to drop in, so if you have a child or grandchild between 2½ -5 years, or if you would just like to find out more, we would love to see you! During their sessions, children at Stepping Stones have access to our enclosed outside area at all times of the day, where they can enjoy the sand, water, mud kitchen or make a spaceship out of milk crates. We also go to our lovely garden to ride on the bikes, play on the climbing frame and check on our raised beds and wildlife area.

Inside, the children may find a treasure island in the sand tray, strawberry scented playdough and a post office in the role-play area. For the creative, there is everything from paint and junk modelling to dressing-up and musical instruments.

Children aged 3 years and over are entitled to government funding and can access up to 5 free sessions per week.

For further information about the Open Day or about Stepping Stones Pre-School please contact us on 01263 768766 or visit www.steppingstonesaldborough.co.uk

The Big Breakfast is back!

Make sure you put **Sunday 15th June** in your diaries and come and join us at the Community Centre for a special Fathers Day Big Breakfast! Treat your loved ones to an amazing fry up, catch up with friends over coffee, and help us raise much needed funds for Stepping Stones at the same time! We look forward to seeing you there. More details to follow in next month's Keeping In Touch.

ALDBOROUGH PARISH COUNCIL

The next meeting on **Wednesday 21st May at 7.30** in the Community Centre will be the Annual Meeting of the Parish Council, when the Chairman is elected and other duties allocated.

At the **Annual Parish Meeting** 37 people were present. Some were prepared to do battle with the Chief Executive of Victory Housing about the status of the **garages in Margaret Lilly Way** and were quickly relieved to hear that the garages were going to be kept and refurbishment scheduled for the 1914-15 financial year 'with funding identified'. Let us hope that this promise will be kept.

School report: Four pupils made a lively and confident presentation about the previous year at the school. This included reports on the school generally, the curriculum and their own individual work and activities. They received a well deserved round of applause.

Chairman Martin Elliott's work had kept him away but he had sent a written report. He thanked John Payne for his 5 years of service as Parish Clerk and welcomed Lloyd Mills as his successor. ME's main topic was the Village Green, its use, care and maintenance. He welcomed increased community use as in the Screen on the Green, and the co-operation of Highways in the projects of kerbing and the provision of substantial posts to protect vulnerable corners. The Village Pond is a great success as a space to relax and refresh – thanks to the Wildlife Group. He went on to commend Village Care for their service to the community with thanks to the team who raise funds and to those who give their time to allow Village Lunch, the hospital car service and other "helps" to continue. Parking around the Green continues to be a problem: ME would like the PC to make a move to providing more defined areas of parking. This cannot happen without some level of grant funding, or a significant increase in the precept, but will enhance the appearance of the Green and make it a safer place for all. *Volunteers who enjoy the challenge of pursuing grant applications, please step forward.* Another concern is the average age of Parish Councillors: wisdom of age is good, but needs to be balanced with the fresh ideas and energy of the younger generation. It would be great to encourage applications from this group for the next PC elections..

Reports from Councillors. Jean Wheeler: Recycling banks are always left tidy and are still to be used, with financial advantage to the Parish Council. **John Hammond:** The footpaths are in good order. He understands that Norfolk County Council will not be cutting the grass this year so this will need to be looked at. **Peter Wordingham** appealed for adults not to use the children's equipment as this causes excessive wear and tear.

District Councillor Norman Smith was not present and had not sent a report, nor had the **Police Support Officer. County Councillor** John Tideswell concentrated on NCC decisions re Kings Lynn and Coltishall and announced changes in the Mobile Library service (**see page 10**).

Representatives of village organisations. (*Editor's comment – most of the activities reported at this meeting have already been reported in the pages of 'Keeping in Touch' or have already been superseded! No repetitions!*)

Village Care: Dee Jupp reported a year of change – 'Two long term committee members left: Dr Philip Wood and Anne Murat. Both had worked hard on the committee for many years and we are very grateful for their contributions. We welcome Alison Haynes and Jane Maguire to the committee. Jane co-ordinates the Village Transport scheme and Alison has been helping Elaine Hayton with the Village Lunch which still provides home cooked favourites three times per month. Numbers are up from last year with a current average of 40 lunchers. A successful Open Lunch in March attracted some new people and served soup as a light lunch alternative for the first time - also available to take away.

The surgery has had to give up their contribution to running the Transport scheme. This means that the scheme is wholly funded by Village Care. There are 31 volunteer drivers and a new transport organiser, Mike Gandy. The contributions made by patients to the scheme just about cover the direct costs but this is really because some drivers do not claim their expenses.

The defibrillator is finally installed in its new location at the Community Centre, complete with new battery and pads. This is a collaborative effort with Aldborough Primary School and there are plans to run further training courses on the defibrillator use (**see page 6**)

GIFT chose us as one of their charities last year. (Thanks for their support.) With taking over the full management of the transport scheme and continuing the Village Lunch at subsidised rates, we are anticipating bigger costs. We are very grateful for the Parish Council's donation this year and hope they will continue to support us. The need for transport for those in our parish to attend medical appointments continues to grow as cuts in the NHS services bite.'

Dee is stepping down as Chair as she is moving temporarily to Indonesia. Maxine Wood has kindly agreed to be Acting Chair.

Gardening Club: Christine Carlson reported that there are now 40 members who pay £8 pa. 6 or 7 meetings are held each year along with two outings. Considering the weather the Flower and Veg Show last year was very good. The show will be held on 19 July this year.

John Bacon Charity: Tony Baillie reported that £40 had been distributed and that the next meeting of Trustees will be held in September.

Keeping In Touch: Ruth Bayes reported that copies were still going through letterboxes, email circulation was increasing and that the magazine continued on a sound financial footing.

Wildlife Group: Christine Carlson reported that there were 35 members at £8 pa. They hold six meetings each year. The trees are now settled and the pond is starting to thrive, with lots of frogs, newts and sticklebacks. A pair of mallards have also been seen on the pond. Christine made a plea that parishioners refrain from throwing bread on the pond as the ducks are wild and do not eat it.

Church: Paul Thomas reported that whilst the church is thriving there are still seats available on a Sunday! Ruth Bayes added that they hope to have a small exhibition re World War I and that they are still in need of some support for this enterprise.

Craft and Social Group: Jean Wheeler reported that it is held on the 4th Thursday of each month, 2pm to 4pm. The emphasis is on the "social".

Community Centre: Tony Baillie reported that the centre is now in use every day.

Some village activities were not represented, notably the Surgery, Prince Andrew's Chapel, the Community Bus and the Football and Cricket Clubs who are prime users of the Village Green.

ALDBOROUGH COMMUNITY CENTRE

The AGM will be held on Monday 12 May at 7.45 in the main hall. The bar will be open from 7.15 and again afterwards. All residents are welcome to attend. There will be reports from clubs and associations who use the hall and an opportunity for people to express ideas or comments about the use of this village amenity.

The Centre will be in use as a Polling Station on 22 May. This means that the **Craft & Social Group** will meet on **15 May** instead, when they invite handy needle wielders to join them, with or without a chosen craft. There's always a cup of tea and a chat. Contact Jean, 01263 768280.

ALDBOROUGH WILDLIFE GROUP

Two outings are planned this month: an early start on **Saturday 17th May** to go to **Bacton Wood for the Dawn Chorus**, and a visit to the **Cley Reserve** on **Saturday 24th May**.

For more information ask Christine Carlson (01263 761715) or Anne Murat (01263 761597).



THERE IS A DEFIBRILLATOR IN ALDBOROUGH AT THE COMMUNITY CENTRE – DO YOU KNOW WHAT IT CAN DO?

Come to Aldborough School at 9.00 am on 1st May and find out.

Sudden cardiac arrest is the leading cause of death in the UK - 76,000 people die each year from it, yet with hard and fast chest compressions and prompt access to a defibrillator, up to 74% could survive. Anyone wanting to learn how to recognise

and treat cardiac arrest to save a life, will be welcome at this short training session with David Draper, Co-ordinator of Sheringham First Responders.

Village Care has decided to postpone our fund-raising events until 2015. We are planning an Aldborough Street Fair in Summer 2015 and we'll be counting on your help and support to make it a great success, so please watch this space!

THE VILLAGE LUNCH in Aldborough Community Centre

A delicious two course lunch with tea/coffee for £4.00

or home-made soup for £2.00 to eat in or take-away

with drinks available from the bar

on **Tuesdays 6th, 13th and 27th May at 12.30**

THE BLACK BOYS QUIZ NIGHT on 12th April raised **£150 for Village Care**. We are very grateful to Julie and her team for hosting this enjoyable evening and providing delicious refreshments at the interval.

'Friends of Aldborough Surgery'

invite you to

St Mary Barningham Winter Church

on Sunday 18 May 2014, 2.30 - 4.30

Performances between 3.00 and 4.00 from

'Vocality'

(A versatile North Norfolk based vocal ensemble of twelve singers. Programme includes composers such as Palestrina, Billy Joel, Mendelssohn and Madness.)

Refreshments and cakes available

Raffle

Parking at Barningham Hall

All proceeds will go to 'Friends of Aldborough Surgery'

Many items required for patient care are not funded by the NHS; items such as defibrillator machines, specialist chairs and couches, ambulatory monitors and ECG machines.

Other specialist equipment is always needed at the surgery.

ALDBOROUGH SURGERY PATIENT PARTICIPATION GROUP

OPEN MEETING/ANNUAL GENERAL MEETING

VENUE: **The Church Room, Aldborough**

DATE: **Tuesday 13th May, at 7.30**

TOPIC: **INTEGRATED CARE - THE NEXT BIG THING!**

SPEAKERS: Rebecca Champion and Fiona Craig (North Norfolk Clinical Commissioning Group)

All patients of the Aldborough Surgery are invited to attend. Refreshments will be served.

SHOWTIME in Aldborough Community Centre, advertised for 26 April in aid of Pancreatic Cancer Research, has unfortunately had to be cancelled.

CHILDREN'S SOCIETY COLLECTING BOXES At the annual opening **£197.62** was revealed. Many thanks to all collectors, especially Glenys Padgham.

Erpingham Community Church

Sunday 4th and Sunday 18th are our dates for May, both starting at 5.00 and lasting about 45 minutes.

A warm invitation is offered to everyone to join us for our meetings in the Village Hall.

Our gatherings are informal, yet hopefully informative and challenging, as we seek to understand more about what it means to live out our Christian faith today.

We share afternoon tea at the end of each meeting. For more information, please contact us.

Come along and try it - you'll enjoy it - and you don't have to sing!

Tony and Jacky Peacock (768041 - or tonyandjacky@btinternet.com)

Open to everyone, FREE of charge

MULTI-USE GAMES AREA

☑ next to **Erpingham Village Hall** (The Street, NR11 7QD)

☑ **open every day**, 9am 'til 8pm (even longer on weekdays: 8am 'til 9pm)

☑ **Drop in (or book** if you prefer: check the Parish Council website or email erpinghammuga@yahoo.co.uk

☑ Why not come for a game of **Tennis?** (net available: please email for details)



MESSY CHURCH is on **Tuesday 20th May at 9.00** in **Erpingham Church**.

Pre school children are very welcome.



THE ERPINGHAM STOLE
**Made by the children of Erpingham School
 at Messy Church**



Soon after Father Paul's arrival he showed the children of Erpingham School a stole he had been given by the children of a shanty town he visits in Peru. It was given in thanks because he had raised money to help build a school, a hospital, and a church there. Father Paul suggested that the children here might also like to make a stole at Messy Church which he would wear on Easter Sunday.



What a challenge!! But rise to the challenge they did. Over the next Messy Churches the children cut out and stuck on dozens of felt figures and structures to make the collages for the stole. Every child at Messy Church contributed to part of it. One side depicts the Christmas story of the manger, the shepherds and the kings. On the other side is the story of Holy Week showing Palm Sunday, Good Friday and the Resurrection. At the bottom of the stole a collage of the Last Supper is complimented on the other side with a picture of a chalice and paten. On the last day of term Father Paul wore this magnificent stole and said how proud he was of the children. He said that the stole could now be kept and worn on Easter Sundays in the future to remember what the children of Erpingham School had made for the church.

ERPINGHAM WITH CALTHORPE VILLAGE HALL

200 CLUB - Recent Winners:-

	<u>£10</u>		<u>£5</u>	
17.03.14	113	M. King	184	K. Harrison
24.03.14	53	A. Payne	86	D. Harrison
31.03.14	10	L. Brett	159	P. & D. Perris
07.04.14	36	A. Payne	76	D. Harrison

ERPINGHAM with CALTHORPE WOMEN'S INSTITUTE

President: Christine Jope 01263 768665 Secretary: Judith Harden 01263 761238

Congratulations are in order to the team who entered the Cator Cup in which they took third place with only one and a half points separating them from another First! Our entry was themed A Japanese Garden.

At our March meeting a visitor to our Village Hall would have been greeted with 25plus ladies partaking of Bollywood Dancing – better than YouTube! We welcomed Tina Vallenge who talked of the history and background of the dance and explained some of the movements. A few stiff backs next day! The competition was for a sparkling adornment!

Our other activities such as walking and ten-pin bowling continue but we are always open to suggestions for other activities.

Our May meeting is on **Wednesday 28th May at 7.30 in the Village Hall**. This is our Resolutions meeting, followed by **Yvonne Moore with a Willow Sculpture Workshop**. Yvonne attended a course at Denman College and has very kindly agreed to pass on what she learned.

We continue to be well attended but there is always room for more. If you are a little shy of attending for the first time please give either of the above a quick ring and you will be met and welcomed. C.J.



ERPINGHAM SCHOOL GOES FROM STRENGTH TO STRENGTH

Ofsted inspectors visited Erpingham School on 27th and 28th February and liked what they saw. Head teacher Simon East says 'We were very pleased that the inspection recognised many of our unique qualities and strengths. We are delighted that good progress towards our eventual aims is highlighted in the report as we move towards being an outstanding school'.



Ofsted February 2014. **This is a good school.**

- The headteacher has developed a strong, committed and effective team of staff and governors. Frequent checks on teaching and good training opportunities are used effectively to improve the quality of teaching and achievement.
- Pupils make good progress in reading, writing and mathematics. The 'flexi-school' timetable, used to allow individual pupils to be partly home educated, works very well.
- Teaching is good and sometimes outstanding. Activities are interesting and carefully planned to help each pupil build on their learning and progress well.
- Pupils behave well and feel safe in class and around the school.
- The development of a successful 'leadership partnership' with two other local schools has enabled the headteacher to closely monitor how well the school is performing.
- Excellent relationships exist between the school and parents. Many parents volunteer to provide pupils with wide ranging experiences in music, art and drama. This contributes to pupils' strong spiritual, moral, social and cultural development.
- Pupils new to the school receive good support; they settle quickly and make good progress during their time in school.

ERPINGHAM with CALTHORPE PARISH COUNCIL

The next meeting of the Council will be on **Wednesday 14th May**, preceded by the **Annual Parish Meeting at 7.00pm**.

The ERPINGHAM ARMS has no intention of closing!

In last month's report of Erpingham & Calthorpe's Parish Council meeting the statement that 'The application for a change of use at the Erpingham Arms PH had now been refused' seems to have given the impression that the owners were looking to change the use of the whole pub (changing to residential use, for example). In actual fact, they were looking to change the use of a piece of land at the rear of the pub from a vegetable garden to an overflow car park etc. The Parish Council had not supported this application which had been refused. Apologies for any misunderstanding.

THWAITE COMMON TOAD PATROL



This year migration started early on 19th February, six days before the rota was due to begin! Yet again we had a dry five weeks – it was mainly mild and only rained once, on 20th March. After a slow start numbers increased from 6th March 6 with 388 toads moved off the road to the maximum in one night on 8th March 9 when 478 were saved! The total number of toads saved for the period patrolled was

2,272 – just 22 less than our best year in 2010.

Twenty people took part – two were new to it and enjoyed themselves! Statistics will be sent off to Froglife and toadwatch.org. SO - many thanks to everyone who helped our local wildlife.

Stephen Burrell.

INGWORTH PARISH COUNCIL

The **Annual Parish Meeting** will be in the Reading Room on **28th April**. All residents are entitled to attend this meeting. It will be followed by the **Annual Meeting of the Council**.

ALBY with THWAITE PARISH COUNCIL

Items from a report of the March meeting - Editor's choice.

District Councillor Norman Smith and 16 members of the public were present

Mr David Williams (Housing Development Officer for NNDC) spoke on the subject of **affordable housing** and the Exception Housing Scheme. The area of Town Green, Alby, had been suggested as a potential site but there is no land being offered for sale at this time.

The response of the Parish Council is they are not prepared to support the development of an affordable housing scheme in Town Green, Alby, but may consider supporting a scheme elsewhere within the area. Several members of the public expressed concern over extra road traffic and over the safety of vehicles trying to pull out on to the main road.

Councillor vacancy: Three parishioners had expressed an interest in being nominated, Mr Stephen Jordan and Mr Will Cutts were both proposed and seconded and Mr Jordan received the majority of votes. Mr Jordan made a declaration of acceptance of office at the end of the meeting.

Matters arising: Cllr Norman Smith gave an update on Thwaite Common: **cutting around the pond** near the old school is the responsibility of the Common Management team. There is a problem with the **drainage of the ditch across the middle section** - piping would be a solution but is not likely because of the cost. Other options are being looked at. **The bridge over the ditch:** NCC Highways have told Cllr Wade that free pipes would be provided to put in the earth backfill under the bridge when it is made. Cllr Wade will get this confirmed and share update with Cllr Smith.

Footpaths: The new footpath at Alby (running past the potato drying buildings) - the landowner has provided a permissive path for walkers, to avoid the vehicles working on the line of the actual footpath which runs directly in front of the storage barns. Clerk to ask for confirmation from the county footpath officer that this new path will not supersede the original right of way.

Any other business. Chair Cllr Steven Wade advised that he will be standing down as Chairman at the AGM in May. There will also be a vacancy for Vice Chairman.

The next meeting will be the **Annual General Meeting on Wednesday 7th May 2014 at 7.30 pm in the Thwaite Church Room followed by the Alby with Thwaite Parish AGM.**

*NB- To see the full formal Minutes, please make an appointment with the Parish Clerk, Mrs Sheila Vince, 01263 761818.

NEW MOBILE LIBRARY TIMETABLES

Wednesday route, with the next visits on 14 May and 11 June

Thwaite Common, 12.20 – 12.35

The Street telephone box in Ingworth, 14.45 – 15.10

Thursday route, with visits on 8 May and 5 June

Alby Low Common, 9.40 – 9.55

Aldborough: Howetts Bungalow, 10.30 – 10.40; Stepping Stones, 10.45 – 11.05;

The Green, 11.15 – 11.45; Margaret Lilly Way, 11.50 -12.20;

Doctor's Lodge, 16.05 – 16.20; The Green, 16.25 – 16.55

Erpingham: Erpingham Arms, 10.05 – 10.20

John McCarthy is having a conversation with the Bishop of Norwich in Aylsham Parish Church on Friday 23 May. Doors open at 7:00pm, starts at 7:30.

Although highly regarded as a writer and broadcaster, John McCarthy is inevitably known as the man who survived one of the most gruelling of experiences – he was kidnapped in the Lebanon and held hostage for 1,934 days. John kept his dignity and triumphed over sadistic bullies determined to destroy him mentally and physically, and he won the respect of some of his captors. He has a unique and inspirational story about courage, survival and self-discovery as Britain's longest kidnap victim. Talks based on his experiences in the Lebanon receive critical acclaim and approval from audiences who admire his lack of bitterness and marvel at the human lessons to be learned from his triumph over terrible adversity.

This conversation is sponsored by Hansell's. Ticket price: £5.00 - £10.00



The next lunchtime concert will be in June.
See www.aylshammusicsociety.co.uk

NORFOLK CHURCHES TRUST'S STATELY CAR BOOT SALE

SENNOWE PARK, Guist, Norfolk, NR20 5PB

Monday 5th May, 10.30 - 3.30

Admission £5 per person, children under 16 free.

Free car parking in park. Pitches by invitation only. Refreshments.

Further information: www.norfolkchurchestrust.org.uk/sponsored-bike-ride

THE NEXT ISSUE Copy please for the June edition by Monday 12 May.

Thank you for donations from readers in Calthorpe, Erpingham and Aylsham.

Cheques for donations and adverts should be made out to 'Keeping in Touch' and sent to the Editor:

Ruth Bayes, Chesterfield House, The Green, Aldborough, Norwich NR11 7AA. 01263 768063

rmbayes@tiscali.co.uk



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Even longstanding adverts are changed from time to time

ANN COLMAN CRAFTY CARDBAKING, 19 Red Lion Street, Aylsham (formerly at Alby Crafts) Handcrafted cards, cardmaking and craft products. Cardmaking classes available . Tel. 07789 224341 or 01263 735518	Learn.Create. at Alby Craft Centre. A space to learn and teach hands-on skills, including pottery and sculpture. Other courses to be announced shortly. www.learn-create.co.uk 07947 880163
TRULY SCRUMPTIOUS - for all your catering needs. Themed children's parties, funeral wakes, business lunches, all fresh home-made produce. 5* rated NNDC. Able to provide crockery, glasses, hire of wedding cake stands etc. 01263 768076	EARLY BIRDS TAXIS Early till late. Private hire for all occasions. LOCAL LONG DISTANCE AIRPORTS 01603 755588 www.earlybirdstaxis.co.uk
POTTERY MATERIALS and BEE-KEEPING SUPPLIES at Alby Craft centre. Helen – 07947 880163 angliaclaysupplies@gmail.com Helen@allbees.info	THE CUT HUT – hairdressing at The Old Bakehouse on Aldborough Green. Tues, Weds, Fri, 9.00-5.00, alternate Sats, 9.00-3.00 Cash or cheque only (no cards). 07928 850697
JONES THE SWEEP. Stoves, open fires & solid fuel appliances swept. Member of Guild of Master Sweeps. Fully insured. 01263 833362 or 07799 484012 www.jonesthesweep.co.uk	DOWNTIDE CARAVANS & LEISURE, Cromer Road, Alby. For all caravan and motorhome needs. We have a large continuously changing selection of previously owned caravans and motorhomes in stock. Storage available. 01263 768813 info@downtide.com
NORTH NORFOLK FUELS. Cash & carry coal products available from our yard at 13 Jubilee Close, Erpingham. Coal, anthracites, smokeless fuels, kindling, logs. Open every day. Call 01263 761359 or 761822 for our opening times.	MOONLIGHT AQUATICS for all your tropical fish, coldwater fish and accessories. Silk flower arrangements for all occasions. Downtide Centre, Cromer Road, Erpingham, NR11 7QA Large car park. 01263 761590.
BODY & SOUL - Therapeutic massage will relieve stress and tension in your life. Our mobile service will bring the spa to your home, with Swedish Massage and Hot Stone Therapy. Contact Elena Beimborn elena@beimborn.com 07776138125	THE PET STOP Pet food, bird food & much more . . . Downtide Centre, Cromer Road, Erpingham, NR11 7QA Large car park. Tel: 01263 761556 Website: www.thepetstopalby.co.uk
NEED A CLEANER? CALL GALINA ! Do you need help with cleaning or ironing? Call Galina on 01263 577464 or 0777 5432 229 for more details, or e-mail. galinazhel@iclod.com References available.	ALBY KITCHENS at the Downtide Centre 01263 768046 Affordable and effective solutions for upgrading your kitchen, from replacement doors to worktops that fit on top of the old ones. Sinks, taps, and appliances too. albykitchens@mail.com www.albykitchens.co.uk
MUTTZ CUTS - complete dog-grooming with care and kindness. Clipping, scissor trimming, nails, bathing, ears cleaned, hand stripping, anal gland relief. Call Louise (Aldborough) 01263 761268.	The KRAFTY KNITTER. Wool, knitting supplies and Gifts. Downtide Centre, Alby. 07570 762658. 9.30 – 4.30, every day but Monday. Tuition available.
ALSTON & BROWN at Alby Crafts & Gardens A unique hair salon & colour specialist. Call Sarah on 07771 822 930 We also design & make bespoke clothing to suit your style & budget	FRAMED@ALBY Studio 7, Lower Courtyard, Alby Crafts David Coppendale 07989 747 165
TINA READ, REIKI FOR ANIMALS - Benefits may include: Improvement of behavioural issues, deep relaxation and a sense of well-being. Tel: 01263 768402 www.animaltranquillity.co.uk	IAN WRIGHT Farm fresh pork from our own herd of rare Essex sows Orders taken for roasting joints, chops,sausages,bacon, hams. 01263 761461, or see us at Aldborough's Farmers' Market, 1st Sunday
COACH LAMP PRIVATE HIRE (Taxi) Premium 'door-to-door' stress-free service for a modest price - nationwide & beyond, 4 & 7 seater vehicles. 01263 735765 or 07771 566600 service@coach-lamp.co.uk www.coach-lamp.co.uk	WANDERWOOLFS WALKS. Dog walking and small animal care. Dogs collected and transported in specialist vehicle. Fully insured and police checked. Many years experience of dog and animal care. Contact Alison 01263 732482 or abcingworth@aol.com
BARRY'S PEST CONTROL Discreet service (no writing on van). Ring 01263 587776 or 07876102918.	LEETEC ELECTRICAL SERVICES Electrical installations and testing, fire alarms and emergency lighting. PAT testing. Free quotes. 07775 640418/08009 552624

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ALDBOROUGH VILLAGE ANTIQUES (T. Holdgate) Anything old or unusual bought and sold. The Green, Aldborough 01263 761221	ALDBOROUGH POST OFFICE Fax & phone 01263 768198 All postal services, cash withdrawals. Dry cleaning & laundry. Stationery. Batteries. Calor gas. Colour photocopying. National Lottery
HAYNES ELECTRICAL of ALDBOROUGH (Part P approved. Electrical Safety Register incorporating ELECSA,NICEIC,ECA). Prompt efficient service & competitive prices for all industrial , commercial and domestic electrical needs. Free estimates. (Over 30 years self employed.) 01263 768033 or 07796458718) or haynessteveali@tiscali.co.uk	BUTTERFLY COTTAGE, 01263 761689, www.butterflycottage.com 2 self-catering properties in the picturesque village of Aldborough. Open all year. Short lets out of season. Janet Davison 01263 761689 butterflycottage@btinternet.com
GARDEN & HOME HELPERS. All basic help in house or garden by local husband & wife team. The whole job or help to complete a task. Hourly or fixed rate prices from £10. Phone 07909 183190 or 07950 822802	AYLSHAM COMPUTER SERVICES, Help! Business or home systems, repairs, printers, modems, scanners, installations, training, inks. 15 Red Lion Street, Aylsham. 01263 731020 enquiries@aylshamcomputers.com
TEUCER WILSON, stonemason & letterer Hand carved signs, memorials & garden sculpture. All work designed & carved by hand. www.teucerwilson.co.uk 5 Old School Cottages, Aldborough NR11 7NR 01263 761767	NORFOLK CHILDREN'S BOOK CENTRE Open Monday to Friday 9am to 5pm, Saturday 10am to 5pm Wayside, Church Lane, Alby. 01263 761402 www.ncbc.co.uk
Miss K. FLYNN, MSSCh, MBChA, MAR Qualified chiropodist available at Aldborough Surgery, Friday afternoons, by appointment. Ring 01263 511911	STEVEN WADE, Thwaite Common. 01263 768538 Architectural design. Drawings & designs for all buildings, new and old. Planning & building regulation applications.
SPAR (DAYS STORES) ALDBOROUGH 01263 761275 Mon - Sat 8am – 8pm. Modern store. Real Deal promotions, groceries, chilled & frozen foods, beers, fruit & veg, off licence, coal, E-top ups, cash-back, credit & debit card facilities.	NEW LOCAL SEWING GROUP and Workshops. Sewing group meets 1st & 3rd Wednesday mornings each month. Contact Janet Spink 01263 739909 or 07552 111 211 email janetspinksew@gmail.com
PEGG ELECTRICAL SERVICES (NICEIC Part P approved) Domestic, commercial, industrial, tests and reports. Whatever your electrical needs contact Andy on 01263 768564. Mobile 07799 264370	STEPPING STONES PRE-SCHOOL, in the grounds of Aldborough Primary School, provides morning & afternoon sessions for children 2½ years to school age. Children of 3+ years are entitled to Government funding for up to 5 sessions per week. 01263 768766.
GUITAR LESSONS . Most styles, all levels, beginners welcome. Please ring Dave Morrison. 01263 761740	ERPINGHAM HOUSE FARM , The Street, Erpingham. NR11 7QD Free range eggs. Also hard-wearing machine-washable mohair socks in a variety of styles and colours. Firewood, bulk or bags. 01263 761208 or 07887 745 425
SEPTIC TANKS emptied, DRAINS unblocked, new SOAKAWAYS excavated. Contact NORFOLK FOREST PRODUCTS for free inspection. 01263 577523	THE DOLL'S HOUSE (formerly at Alby Crafts), now at 13a Bond Street, Cromer. Dolls' handmade outfits, houses and furniture. Vintage clothes 1940-1980, furs and handbags. Tuesday – Sunday, 10.00 – 5.00 07867 528588
CLAIRE KNIGHT Design, typography, print, signage, exhibition boards. Clear simple websites. Paper cut artist – commissions taken. Organiser of Aldborough Creative claire@aldboroughcreative.co.uk 01263 768051	GOOD TASTES CATERING. Dinner parties, buffets and small family celebrations, tailored to your requirements, using local produce. Dorothy Shannon & Valerie Lodge 01263 577272/512313
SKIPJACK LEISURE POOL. 01263 761352 or 07867 555068. Swim in the privacy of a pool with spa, swimjets & sauna.. ½ hour & 1 hour slots. Children's parties welcome. Tollgate, Ingworth	MID EAST CARPENTRY & JOINERY, Aldborough Free estimates, all work considered. Jason Burton , 01263 761108 or 077 7409 7793
SILVER SURFERS COMPUTER SERVICES Trouble shooting - free advice - tuition - upgrades - installations Andrew Benn, 01263 761133 www.silversurferandy.com	NORTH NORFOLK PLUMBING AND HEATING Local & reliable, CORGI registered gas installer for all installations, repairs, heating, bathrooms. Under floor heating specialist. Tel/Fax 01263 577800. Mobile 07880 722707
FIREWOOD, £100 full tipper truck (2.4m ³) £55 half tipper (1.2m ³) Grounds maintenance – grass & hedge cutting, weed control, paddock maintenance. Kevin Richardson, 07802 496669/01263 768454	ALBY HORSESHOES INN. Margaret & Richard Rushmer welcome you. Home-cooked food using local produce. Up to 5 real ales. In the Good Beer Guide 2010. Food Hygiene 5 star. Open evenings Tues – Sat. Lunches Fri – Sun. 01263 761378 or www.albyhorseshoes.co.uk
SIGNS & GRAPHICS – All kinds of signs designed and produced. Traditional to modern – vehicles, shops, boats, houses, restoration. Large format digital printing – banners, canvas, photos, posters. Paul Riches 01263 768082 Rose Cottage, Thwaite Common	MARTIN SERVICE STATION LTD/ ERPINGHAM POST OFFICE. Summer opening, weekdays 6am-8pm, Sats 6am-7pm, Suns 8am-5pm Fuel, autogas, off licence, lottery, groceries, frozen food, newspapers. Post office 9.00-1.00 weekdays (not Weds). ATM - free cash withdrawals. Friendly service. 01263 761393
ANDY DANIELS, YEW TURN. Timber framed buildings, carpentry, wood-turning, landscaping, repairs, restoration. 30 Silvergate, Blicling. as.daniels@btinternet.com 0776 8680926/01263 734413	STEPHEN CLARK ELECTRICAL (NICEIC approved including Part P) Your local contractor. Any industrial, commercial and domestic work including PAT testing, free estimates. 01263 768576 (Mobile 07824 997 963) Email: stephenclarkelectrical@yahoo.co.uk
M. NEWLAND, BUILDERS All building work undertaken. Over 30 years experience. 077 8090 3694 or 01263 768323	BLUE DIAMOND PRIVATE HIRE CARS - 3 Passenger Saloon and 6 Passenger Executive Travel. Long & Short Distance. Male and Female Drivers - 07789 555 419 & 01263 768835
THE ERPINGHAM ARMS FREEHOUSE Newly refurbished charming 18th century pub, open for lunch & dinner, serving exceptional home-made food, local real ales & fine wines. 01263 761591 - www.erpinghamarms.com - info@erpinghamarms.com	TOP 2 TOE – Holistic Therapy - Alby Common For sports injuries, aching muscles, back pain or to de-stress. Offering:- Deep Tissue Massage, Swedish Massage, Indian Head Massage and Reflexology. 07719 429283 Miranda Nash
WOLVERTON and MANNINGTON Walks open daily. WOLVERTON HALL open Friday afternoons 25th April – 31st October 2014 programme leaflet now available, email, phone or write 01263 584175/768444 or admin@walpoleestate.co.uk	KEVERNE DEWICK Bespoke Handmade Furniture, Woodturning and Woodturning courses 01263 761400 or k.dewick123@btinternet.com www.kdewick.co.uk
HERITAGE PAINTERS- Local family-run PAINTERS AND DECORATORS covering all aspects of interior and exterior work. Call Ben on 0777 168 49 69 for a free quote.	
YOGA CLASSES at Erpingham Village Hall Thursday Evenings 7.00 to 8.00 Contact Pia on 01263 768 649 or email pia.shell@gmail.com	