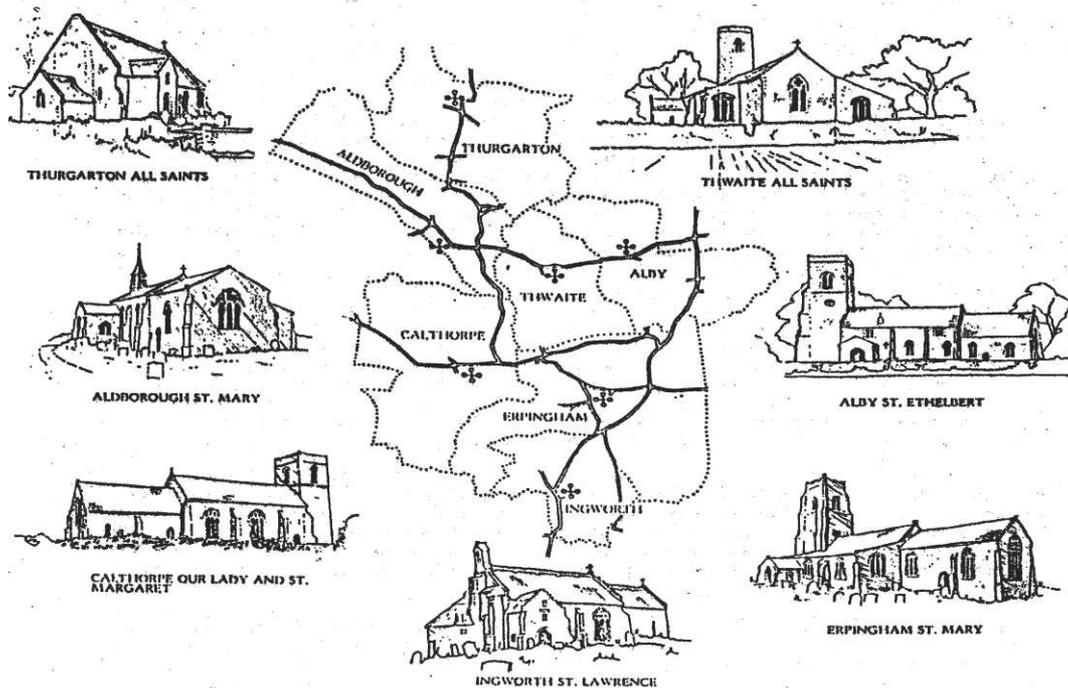


KEEPING IN TOUCH

AUGUST 2013

News from the Scarrowbeck Group of Parishes

Alby, Aldborough, Calthorpe, Erpingham, Ingworth, Thwaite, Thurgarton



CHURCH SERVICES

Holy Communion unless marked M=Matins E=Evensong

| AUGUST | Trinity 10 4th | Trinity 11 11th | Trinity 12 18th | Trinity 13 25th |
|------------|--------------------------|--------------------|--------------------|-------------------------|
| ALBY | ↓ ↓ | 6.30 E | -- | -- |
| ALDBOROUGH | ↓ ↓ | 11.00 | 8.00 | 11.00 Family Service |
| CALTHORPE | ↓ ↓ | -- | 9.30 | -- |
| ERPINGHAM | ↓ ↓ | 9.30 | -- | 9.30 |
| INGWORTH | ↓ ↓ | 11.15 M | 6.30 E | -- |
| THWAITE | ↓ ↓ | 9.30 M | 11.15 | 6.30 E |
| THURGARTON | Group Eucharist 10.00 | | | |

WEEKDAY SERVICES

Wednesdays

Thursdays

Fridays 23rd

30th

9.15 at Ingworth (not 14th)

7.30pm at Calthorpe (1st HC, 8th Benediction)

at Erpingham (22nd HC, 29th Benediction)

9.30 HC at Alby

9.15 HC at Aldborough

Parish Priest: Fr Brian Faulkner, The Rectory, School Road, Erpingham

01263 768073

e-mail: brian-faulkner@lineone.net

www.scarrowbeckbenefice.org.uk

FROM THE RECTOR



Animals play a big part in many people's lives – a fact confirmed by the large number of people who decided to attend this year's church fête and dog show at The Rectory, accompanied by their four-legged friends.

Tara, my labrador, looked on in amazement to see her space 'invaded' for a few hours by so many potential rivals. You'll be reassured to know that she wasn't that put out, being very much a people's dog, not a dog's dog, if you see what I mean!

It seems to me that the companionship and affection of an animal that looks to us for care can play a part in our own developing sense of need and responsibility – to that God-given capacity that touches all of us.

Fr Brian

(The Fête and Dog Show raised £900 to split between Erpingham and Calthorpe Churches – many thanks.)

FROM THE REGISTERS

Funerals

| | | |
|----------------------------|------------|----------------|
| At St Lawrence's, Ingworth | 26th April | Jill White |
| At St Mary's, Aldborough | 25th June | Dick Colman |
| At All Saints', Thwaite | 2nd July | Bill Deterding |
| At St Ethelbert's, Alby | 5th July | Trevor Glister |
| At St Faith's Crematorium | 10th July | Peter Lambert |

GROUP SERVICE

Sunday, 4th August, 10.00, at Thurgarton

Thurgarton church, a Grade 1 Listed Building, has been closed for regular worship for over 30 years and is in the care of The Churches' Conservation Trust. This is the only time it will be used for a service in 2013. It is usually open for visitors during daylight hours.

On Sunday 1st September the Group Service will be at Thwaite Church at 10.00

Please note that this is not as arranged earlier in the year.

Week beginning Sunday

PRAYERS FOR THE PARISHES

AUGUST

| | |
|----|---|
| 4 | Calthorpe: The Street and Wickmere Road |
| 11 | Alby: Church Road, Lane End and Middle Hill |
| 18 | Aldborough: Prince Andrew's Close and Thurgarton Road |
| 25 | Erpingham: Eagle Lane, Eagle Road, Eagle Close, John Franklin Close and Highnoon Road |

CHRISTIAN FELLOWSHIP No meeting in August.

Prince Andrews Chapel **Aldborough**

Living out the message of Jesus in North Norfolk

We are part of God's family - ordinary people who believe that what the Bible teaches is relevant to each one of us.

Want to find out more? – You are welcome to join us on Sunday mornings @10:45am, for about an hour, where we learn together from the Bible about God's love for us all.

For more info, call Martin & Ruth (761468) or David & Jean(768416)

www.princeandrewschapel.org.uk

THWAITE CHURCH will be holding an **ARTS AND CRAFT EXHIBITION** over the weekend of **Saturday 31st August – Sunday 1st September, 10.00 - 4.00**. Group Service at 10.00 on the Sunday will last about an hour and everyone is welcome to join in.

The exhibition will start with a **Private View on Friday 30th August, 4.00 – 8.00 with wine and nibbles. People from our parishes are invited to this.**

There will be fine art, jewellery, cards, photography, jams & pickles, pottery and lots more. There will also be massage. (Without undressing!)

ALDBOROUGH GARDEN CLUB presented the 2013 Flower and Vegetable Show in July.

There were 48 exhibitors showing 304 exhibits, up from last year.

Because of the recent bad weather and late spring, the vegetable section was not so good, with no tomatoes and it was a struggle to find raspberries, peas and beans. The class for an animal made from vegetables was delightful and inventive.

The flower exhibits were excellent with a good variety of plants. Roses were plentiful but hydrangeas were reduced to 2 small specimens.

The cookery classes were well supported. The photography was not as good as it should have been, with only one entry of the village pond, even though many people photographed it when the swan visited.

| | | |
|----------------------------|------------------------------|---|
| Overall Show Winner | The Donald Cup | Glenys Padgham |
| Flower Section | Ron Henshaw Cup | Glenys Padgham |
| Vegetable Section | Anne Hammond Trophy | Jim Freeman |
| Cookery Section | Snelling Rose Bowl | Val Barnes |
| Photography Section | | Sheila Evans |
| Junior Section | | Lilly Cubitt and Robin Clark, joint winners |
| Best in Show | Cathy Davison with a lettuce | |

At the **next meeting of the Garden Club**, on **Thursday 15th August**, at **7.30** in the Church Room, there will be plant judging and a barbecue.

ALDBOROUGH and THURGARTON PARISH COUNCIL

The next meetings will be on ~~Wednesday 31st July~~ and **Monday, 2nd September**, at **7.30** in the Community Centre. **Monday 29th July**

ALDBOROUGH COMMUNITY CENTRE

At the first meeting of the new committee Tony Baillie was re-elected Chairman, Jean Wheeler - Vice-Chairman and Robin Gilkes - Treasurer. At the time of going to press there is a vacancy for the post of Secretary. If you would be interested in taking on this role and would like to know more please ring Ruth Elliott, 761468, or Sue Metcalf, 761310.

The Railway Children will be coming to Aldborough in August, in a performance by Aylsham High School, at **Aldborough Community Centre** on **Friday 2nd August at 7.30** and on **Saturday 3rd August at 2.30**. **All fares £6**. Tickets from Aylsham High School Box Office, 733270 ext 198, or Aldborough Post Office, 768198

ALDBOROUGH CHURCH ROOM needs a new Bookings Clerk. This position is very important for the continuing life of this hall which has just passed its 100th anniversary (with great festivities – more about that in next month's magazine). Bookings = income = ability to pay business rates, insurance, water and electricity bills, as well as all the costs of maintenance. We depend heavily on the good will of volunteers. If you could volunteer as Bookings Clerk, please contact Anne Bettany, 768601, or Ruth Elliott, 761468.



FARMERS MARKET in aid of Stepping Stones Pre-School will be on **SUNDAY 1st August, 9.30 - 12.30**, in Aldborough Community Centre. **There will be markets on the first Sunday of each month.**

**'Screen on the Green'
Friday 30th August**

What better way to spend a Summer's evening, under the stars on Aldborough Green, picnicking with friends and family whilst watching a blockbuster!

Join us for a magical evening, raising money for Stepping Stones Pre-School (Reg. Charity No. 1077895).

Gates will open for picnics at 6:30pm, film to start approx. 8-8:30pm (as soon as it is dark enough).

Tickets must be bought in advance and are available from Thursday 1st August at Aldborough Post Office and the SPAR.

Watch out for posters around the village with the film choice!

ALDBOROUGH WILDLIFE GROUP will not meet again until September. Recently they had an extra meeting and Christine writes:-

It was a good night for moths on 30th June, warm and humid, when the Group held an identification night in the lovely garden of Thurgarton Lodge, by kind permission of Frances & Robin Gilkes.

The trap consists of a large box with an inward-sloping metal top with a slit in the middle and a special light hanging over it. The light attracts the moths and dazzles them so that they slide down the lid into the box where there are open egg boxes for them to hide under.

Early on Sunday morning Colin Dunster gathered us round the trap to identify the different species. The Hawkmoths are the most spectacular, large with bright colouring. There were 4 different varieties of the 9 in Britain: Private, Eyed, Poplar and Elephant, hiding under the egg boxes. Some of the smaller moths are equally fascinating: the Bufftip which looks like a twig of silver birch, the Figure of 8, a brown moth with distinct white markings of an 8 on the wing, the Silver Y which has obvious white Y markings, and many others with descriptive names. Moths are not just little brown fluttering insects eating our carpets and clothes!

There were a large number of moths: 55 different species were identified and then released to hide under leaves and bark, until dusk when they come out to feed.

Next time there is an identification evening, you must all come – you will find it very enlightening.

C.C.

ALDBOROUGH TWINNING ASSOCIATION

Ghislaine and Raoul Ruelle made a flying visit to Aldborough recently and managed to see just a few of their old friends. They were among the first group of four who came from Villiers Saint Denis in 1991 to see if they liked the look of us and the surrounding area and many lasting friendships were formed. It was particularly valuable for the school to have such contacts. They get an e mail copy of Keeping in Touch every month and some of us follow their activities via their blog <http://v-s-d-le-village.over-blog.com/> and other more official internet sites.

ERPINGHAM CAFE CHURCH – no meeting in August

CHARITY QUIZ FOR SALE - £1 per copy

Anna and Glyn Osgothorpe's latest charity quiz is now on sale. To mark Fr Brian's retirement, we asked him to choose the charity, which is **UNITED SOCIETY**. All proceeds from the quiz will go to them. It will be sold locally at Coxford's (Aylsham), Barnwell's (Aylsham), Alby Post Office, the coffee morning at Erpingham Village Hall, and a few other places.

If you would like to buy a copy direct from us, please email annaosgo@gmail.com, phone us on 01263 761987, or call in at Keep Moat, The Street, Erpingham.

(Editor's note: United Society (Us.) is the latest name for the charity responsible for St Francis Hospital in Katete, Zambia, where Eleanor Faulkner once worked as a VSO. Some readers will recognise USPG.)

ERPINGHAM & CALTHORPE VILLAGE HALL - 200 Club Results

| <u>£10</u> | | | <u>£5</u> | |
|-------------------|-----|--------------|------------------|------------|
| 10- 6-13 | 135 | S. Colebrook | 129 | M. Alston |
| 17- 6-13 | 128 | H. Alston | 146 | M. John |
| 24- 6-13 | 121 | J. Grimble | 145 | Tom Witham |
| 1- 7-13 | 57 | N. Filby | 3 | A. Sharpe |

ERPINGHAM with CALTHORPE WOMEN'S INSTITUTE

President: Yvonne Moore, 01263 768358 Secretary: Clare Wilson, 01263 761350



Meeting in the **Village Hall on Wednesday 28th August at 7.30**

Members' participation evening:- Flower arranging

ERPINGHAM with CALTHORPE PARISH COUNCIL

Items from the reports of the Annual Parish Meeting and the Annual Meeting of the Council (Editor's choice).

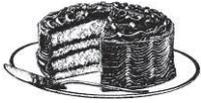
Matters arising covered highways, the Calthorpe village sign, a waste dumping incident, the community speedcheck and the Village Information guide which is now available on the Parish Council website. The Council decided to co-opt Philip Watson to fill the vacancy on the Council.

Planning: The extension/porch at 16 The Street, Calthorpe, the annexe change to holiday accommodation at Field View, Eagle Road and garage block & studio at The Limes, The Street had all been permitted. The Council had no objection to its own application regarding the MUGA (multi-use-games-area) and the application for a roof alteration at 1 Birch Court would go before the Planning Committee.

Finance: The internal audit had been completed satisfactorily and the Clerk would be submitting a VAT claim in due course. Payments due were approved for planning applications, electricity supply to the MUGA, the internal audit, grass cutting, the annual report printing, the Chairman's letter printing, the installation of the defibrillator, the Clerk's time on the MUGA, the first instalment for the MUGA and dog bin emptying.

The Multi-Use-Games-Area (MUGA): the Council agreed that a 'Memorandum of Understanding' should be prepared for the Village Hall Committee, setting out formal responsibilities arising from the MUGA. On the MUGA administration a paper had been circulated to members and the Council welcomed this contribution which had so clearly identified areas for action. Details would need further discussions. A letter had gone to all villagers from the Chairman about the MUGA construction. Electricity supply works were scheduled for 9th September, and the Clerk was asked to contact the Council's insurers to identify the cover required.

The Annual Report had been distributed to all villagers with the help of the Chairman. The CEO and Leader of North Norfolk District Council would attend the Council meeting in November when there would be an opportunity for members to put to them issues of concern in the parish where NNDC can have an impact. The next meeting will be 11th September.

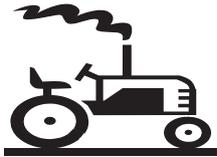


TEAS during OPEN CHURCHES WEEK at ERPINGHAM CHURCH

Teas will be available 2.00-5.00 on
Saturdays 3rd and 10th August,
Sundays 4th and 11th August, 2.00-5.00



Come and enjoy a drink and a homemade cake whilst you look around our beautiful church
Some cakes and produce for sale. Activities for children.
In aid of the Church Flower Fund



INGWORTH TROSH Sunday 15th September 1.00 – 4.00

HELP WANTED!!

If you can contribute in any way to the following stalls we would be very grateful. The stall holders are listed below.

Refreshment tent – filled rolls, cakes, scones etc. Helen Burrell 01263 768209

Cake stall – Ian Andrews 01263 732780 **Tombola** – Daphne Nichols 01263 761704

Plants, vegetables, fruit, and produce stall - Mecki Green 01263 761480

Nearly New/books/bottles – Joyce Duffield 01263 761356

Things can be brought on the day, or if you want to deliver them beforehand or need them collecting please ring the stall holders or Helen Burrell on 01263 768209

In addition **we will need lots of help** on the **Saturday 14th September** to help put up tents, collect tables etc, and **again on the Sunday morning.**

After the Trosh on the Sunday we need all that help again to take tents down and clear away.

Please ring Alan Witham on 01263 761156 if you can help in any way. It's a lot to do, but good fun if we have enough people!

(Profits in aid of Alby, Erpingham and Ingworth churches. Alby needs a new roof, Erpingham new windows and re-plastering walls, and Ingworth a new boiler, and the Trosh raises crucial funds towards trying to keep these beautiful medieval churches in good order. This year Aldborough Church will have a stall.)

THWAITE COMMON

On 22nd June local residents came to the Common to meet representatives of the Thwaite Common Management Committee to discuss its future management.

Anne-Marie Katnoria and Paul Ingham from North Norfolk District Council outlined work that had been undertaken over the past few years and presented possible future management options.

The overriding objective is to encourage the wide variety of native plants to flourish over the whole common that were once present many years ago. There has already been considerable success in achieving this at the western end of the common where cattle have been grazing for the past few years, resulting in the control of much of the coarse vegetation that had been suppressing the wild flowers. The options discussed would seek to manage the rest of the common so as to increase wild flower populations throughout, and this could be done by a combination of different kinds of mowing, fencing and grazing with livestock.

Copies of the draft management plan were distributed together with survey forms outlining possible options. People were invited to give their views on the options and return their forms to NNDC.

Once the results have been assessed it is anticipated that the Management Committee will be able to produce a robust plan for the future long term management of the Common that will be acceptable to the community.

P.I.

THWAITE CHURCH – ARTS & CRAFTS Exhibition weekend 31 August – 1 September: see details at the top of page 3.

THE MOBILE BLOOD UNIT will be coming to Aldborough as usual on **7th August**, but after that all Mobile Units are being taken off the road as an economy measure. Regulars will be told where they can go in order to continue this valuable service.

EVENT AT ALBY DOWNTIDE

Downtide Fayre will be on **Saturday 28th September 12.00- 4.00.**

All proceeds going to **Keeping Abreast** and **PACT animal sanctuary.**

There will be table top stalls, tombola, children's drawing competition, bric-à-brac, barbecue and refreshments.

To book a stall for £5 please contact Hayley on 07570 762658 or Karen on 01263 761556

NORFOLK CHURCHES TRUST SPONSORED CYCLE RIDE AND STRIDE – Saturday 14th September



Please, do try to take part and make this a very special year for the Trust and a very special year for the heritage of Norfolk. The funds raised are used to give grants to the many churches spread across Norfolk which make this county such a special place. Without help many of these fine, medieval buildings could simply deteriorate and fall into disrepair. We are all proud of the heritage of this county and taking part in this event is one sure way of putting that pride into action by raising money to allow the Trust to carry out its valuable and valued work.

Whether you cycle, walk, ride, or whatever non-motorised means you use, or act as a 'sitter' at a church, please join us on the day and help to sustain what we are all proud to have around us.

If you can't take part on the day but want to feel involved in this much loved event, you can contribute on line by visiting **JustGiving** at www.justgiving/norfolkchurchestrust
Further details from: jamesgwortley@btinternet.com

You can raise money without the need to deal with papers and forms, by just making a gift via our webpage using JustGiving, and Gift Aid if you can. The amount you give will be credited to the 'Ride & Stride' day income. You don't even need to work a pedal or take a stride!

Parish representatives will have the usual forms very shortly.

GIVING by TXT

The Diocese has made arrangements for Parishes to be able to raise funds through text giving, enabling us to accept donations from occasional visitors and passers-by as well as from members of the congregation. We can now accept **mobile phone donations** and their value can also be maximised through gift aid. The money is credited to the Diocese by justgiving and these funds are in turn transferred to the PCC.

The PCCs of Aldborough and Erpingham are registered for this support.

To donate £5, simply **text ZALD47 £5** for Aldborough or **SMCE59 £5** for Erpingham to **70070**. If you wish you can replace the £5 with £1, £2, or £10.

To find out more see the Diocese's website <http://www.dioceseofnorwich.org/churches/finance/parish/giving-by-txt>

TO READERS OF 'KEEPING IN TOUCH' who now live outside the benefice area: if you have access to the internet it is very easy to add your name to the e mailing list and costs nothing.

Postage is £6 for a year.

A new activity in Aldborough – it will be a weekly event if there is enough interest – have a go!



Sensei John Mezzetti F.F.M.A Cromer

Tai Chi Gold

Gentle, low impact exercise for all ages and abilities

Aldborough Church Room
Starting Thursday 25th July 11.15am

**£4.50 per session (First session will be a taster session for £3.50)
Concession for those receiving benefits**

Studies have shown that Tai Chi can help reduce stress, increase muscle strength, improve balance, and general mobility

For more details please contact Jean Salm Tel: 01263 861507 or Mob: 07788623023

MOTHER JULIAN’S SHRINE in Norwich

The benefice Quiet Day held recently at the shrine was greatly appreciated. Some of those who were there were asking about further opportunities for prayer at the shrine: every Friday, if you are in Norwich, you would be welcome at a short session of evening prayers at 4.50, followed by Shrine Prayers and Mass at 5.00.

STOP PRESS! ALDBOROUGH CHURCH will be having a stall at the Ingworth Trosh this year.

Some will remember the kind of stall we used to have at the Aldborough Show, with the proud boast that we could sell anything – and we usually did. Please start collecting items now – and we will tell you where to take them in next month’s Keeping in Touch.

The 100th birthday of the Church Room in Aldborough was great fun. At least 100 people came during the afternoon, all ages, to enjoy the games, and the cake, and the hats. There will be more in next month’s magazine. Here is a taster:





presents a lunchtime concert
in St Michael's Church, Aylsham at 1.00 on Thursday, 15th August
Beaumont Ensemble

Cathy Wilcock Oboe Loeillet, Telemann,
 Denise Dance Flute Kalliwoda, Britten,
 Sally Ann Goodworth Piano Madeleine Dring

Entrance £8, children free. Refreshments £4 from 12.15–12.40.

THE NEXT ISSUE Copy please for the September edition by Monday 12th August PLEASE be prompt!

Thanks to all the advertisers! There are some new ones this month.

Cheques for advertising fees and donations should be made out to 'Keeping in Touch'
 and sent to the Editor:

Ruth Bayes, Chesterfield House, The Green, Aldborough, Norwich NR11 7AA. 01263 768063 rmbayes@tiscali.co.uk

PLEASE SUPPORT THE ADVERTISERS

| | |
|---|--|
| ANN COLMAN - ARTIST, in the Lower Courtyard, ALBY CRAFTS Paintings, handcrafted cards, cardmaking and craft products. Cardmaking classes available Tel. 07789 224341 or 01263 768218 | BARRY'S PEST CONTROL Discreet service (no writing on van). Ring 01263 587776 or 07876102918. |
| TRULY SCRUMPTIOUS - for all your catering needs. Themed children's parties, funeral wakes, business lunches, all fresh home-made produce. 5* rated NNDC. Able to provide crockery, glasses, hire of wedding cake stands etc. 01263 768076 | ALBY KITCHENS at the Downtide Centre For all your kitchen needs - worktops, units, doors, sinks, appliances and more. All at great prices - supply only or full installation . 01263 768046 albykitchens@mail.com |
| GARDEN MAINTENANCE. Regular or one-off garden maintenance and clearance for residential or commercial gardens/grounds. I love the jobs you hate! Contact Kenny on 07791429052 or e-mail kennyhiggs@live.co.uk | HALLS PROPERTY SERVICES Ltd 01263 761819 PVCU windows, doors, conservatories. Fascia & guttering, kitchens, bathrooms & wetrooms, all general building work. Local authority grant work undertaken. Free quotations. |
| POTTERY MATERIALS and BEE-KEEPING SUPPLIES at Alby Craft centre. Helen – 07947 880163 angliaclaysupplies@gmail.com Helen@allbees.info | THE CUT HUT – hairdressing at The Old Bakehouse on Aldborough Green. Tues, Weds, Fri, 9.00-5.00, alternate Sats, 9.00-3.00 Cash or cheque only (no cards). 07928 850697 |
| JONES THE SWEEP. Stoves, open fires & solid fuel appliances swept. Member of Guild of Master Sweeps. Fully insured. 01263 833362 or 07799 484012 www.ionesthesweep.co.uk | ALBY'S DOLL SHOP, now in the Lower Courtyard, Alby Crafts. Dolls' handmade outfits, houses and furniture. Also vintage clothes 1940-1980, furs and handbags. Tuesday – Sunday, 10.00 – 5.00 07867 528588 |
| NORTH NORFOLK FUELS. Cash & carry coal products available from our yard at 13 Jubilee Close, Erpingham. Coal, anthracites, smokeless fuels, kindling, logs. Open every day. Call 01263 761359 or 761822 for our opening times. | MOONLIGHT AQUATICS for all your tropical fish, coldwater fish and accessories. Silk flower arrangements for all occasions. Downtide Centre, Cromer Road, Erpingham, NR11 7QA Large car park. 01263 761590. |
| TOP TAP PLUMBING - Local Plumber serving North Norfolk. No repair or project too small. 24 hr service. No call out fee. Free quotes. Contact James on 07552 897 470 or 01263 768282. toptaplumbing@hotmail.co.uk | THE PET STOP Pet food, bird food & much more... Downtide Centre, Cromer Road, Erpingham, NR11 7QA Large car park Tel: 01263 761556 Website: www.thepetstopalby.co.uk |
| NEED A CLEANER? CALL GALINA ! Do you need help with cleaning or ironing? Call Galina on 01263 577464 or 0777 5432 229 for more details, or e-mail. galinazhel@iclod.com References available. | EARLY BIRDS TAXIS Early till late. Private hire for all occasions. LOCAL LONG DISTANCE AIRPORTS 01603 755588 www.earlybirdstaxis.co.uk |
| MUTTZ CUTS - complete dog-grooming with care and kindness. Clipping, scissor trimming, nails, bathing, ears cleaned, hand stripping, anal gland relief. Call Louise (Aldborough) 01263 761268. | IAN WRIGHT Farm fresh pork from our own herd of rare Essex sows Orders taken for roasting joints, chops,sausages,bacon, hams. 01263 761461, or see us at Aldborough's Farmers' Market, 1st Sunday |
| ALSTON & BROWN at Alby Crafts & Gardens A unique hair salon & colour specialist. Call Sarah on 07771 822 930 We also design & make bespoke clothing to suit your style & budget | FRAMED@ALBY Studio 7, Lower Courtyard, Alby Crafts David Coppendale 07989 747 165 |
| TINA READ, REIKI FOR ANIMALS - Benefits may include: Improvement of behavioural issues, deep relaxation and a sense of well-being. Tel: 01263 768402 www.animaltranquillity.co.uk | The KRAFTY KNITTER. Wool, knitting supplies and Gifts. Downtide Centre, Alby. 07570 762658. 9.30 – 4.30, every day but Monday. Tuition available. |
| HERITAGE PAINTERS- Local family-run PAINTERS AND DECORATORS covering all aspects of interior and exterior work. Call Ben on 0777 168 49 69 for a free quote. | THOMAS HIGGINS DipWCF, REGISTERED FARRIER now taking on new clients offering a reliable, prompt, quality service. Please contact on 07765 482 467. |
| STEPHEN CLARK ELECTRICAL (NICEIC approved including Part P) Your local contractor. Any industrial, commercial and domestic work including PAT testing, free estimates. 01263 768576 (Mobile 07824 997 963) Email: stephenclarkelectrical@yahoo.co.uk | DAVID JOYCE, Erpingham. Blue diamond private hire car. 01263 768835 |

PLEASE SUPPORT THE ADVERTISERS

| | |
|--|--|
| ALDBOROUGH VILLAGE ANTIQUES (T. Holdgate) Anything old or unusual bought and sold. The Green, Aldborough 01263 761221 | ALDBOROUGH POST OFFICE Fax & phone 01263 768198 All postal services, banking & saving facilities. Dry cleaning & laundry. Stationery. Batteries. Calor gas. Colour photocopying. |
| HAYNES ELECTRICAL (Part P approved) Prompt efficient service & competitive prices for all your electrical needs. Free estimates. 01263 768033 (mobile 077964 58718). Email haynessteveali@tiscali.co.uk | BUTTERFLY COTTAGE, 01263 761689, www.butterflycottage.com 2 self-catering properties in the picturesque village of Aldborough. Open all year. Short lets out of season. Janet Davison 01263 761689 butterflycottage@btinternet.com |
| GARDEN & HOME HELPERS. All basic help in house or garden by local husband & wife team. The whole job or help to complete a task. Hourly or fixed rate prices from £8. Phone 07909 183190 or 07950 822802 | KC COMPUTING 01263 768263 or e-mail ken.codling@btinternet.com . Repairs, upgrades, installations, all hardware, network or software problems fixed in your own home or small business. Free no obligation consultation. No fix, no fee. |
| TEUCER WILSON, stonemason & letterer Hand carved signs, memorials & garden sculpture. All work designed & carved by hand. www.teucerwilson.co.uk 5 Old School Cottages, Aldborough NR11 7NR 01263 761767 | AYLSHAM COMPUTER SERVICES, Help! Business or home systems, repairs, printers, modems, scanners, installations, training, inks. 15 Red Lion Street, Aylsham. 01263 731020 enquiries@aylshamcomputers.com |
| Miss K. FLYNN, MSSCh, MBChA, MAR Qualified chiropodist available at Aldborough Surgery, Friday afternoons, by appointment. Ring 01263 511911 | NORFOLK CHILDREN'S BOOK CENTRE Open Monday to Friday 9am to 5pm, Saturday 10am to 5pm Wayside, Church Lane, Alby. 01263 761402 www.ncbc.co.uk |
| SPAR (DAYS STORES) ALDBOROUGH 01263 761275 Mon-Sat 8am – 8pm, Sundays 10am – 6pm. Modern store. Real Deal promotions, groceries, chilled & frozen foods, beers, fruit & veg, off licence, coal. E-top ups, cash-back, credit & debit card facilities. | STEVEN WADE, Thwaite Common. 01263 768538 Architectural design. Drawings & designs for all buildings, new and old. Planning & building regulation applications. |
| PEGG ELECTRICAL SERVICES (NICEIC Part P approved) Domestic, commercial, industrial, tests and reports. Whatever your electrical needs contact Andy on 01263 768564. Mobile 07799 264370 | ERPINGHAM NURSERY Fragrant roses, shrubs, plants, compost, French patio sets and iron accessories, etc. Closed Wednesdays. At Fairview, The Street, Erpingham. Tel. Sally Brown 01263 768319 www.erpinghamnursery.co.uk sally@erpinghamnursery.co.uk |
| GUITAR LESSONS . Most styles, all levels, beginners welcome. Please ring Dave Morrison. 01263 761740 | STEPPING STONES PRE-SCHOOL, in the grounds of Aldborough Primary School, provides morning & afternoon sessions for children 2½ years to school age. Children of 3+ years are entitled to Government funding for up to 5 sessions per week. 01263 768766. |
| SEPTIC TANKS emptied, DRAINS unblocked, new SOAKAWAYS excavated. Contact NORFOLK FOREST PRODUCTS for free inspection. 01263 577523 | ALBY GALLERY at ALBY CRAFTS, Cromer Road, Erpingham Beautiful & unique presents for all occasions in the gallery above the tearoom. Pictures, sculpture, jewellery, ceramics & more. Large car park. Open 10.00 – 5.00, every day except Mondays. 01263 761590. |
| CLAIRE KNIGHT Design, typography, print, signage, exhibition boards. Clear simple websites. Paper cut artist – commissions taken. Organiser of Aldborough Creative. 01263 768051 claire@aldboroughcreative.co.uk | ERPINGHAM HOUSE FARM Free range eggs from farm shop. Orders taken for home produced beef. Also sheepskins, yarns and mohair socks. 01263 761208 |
| SKIPJACK LEISURE POOL. 01263 761352 or 07867 555068. Swim in the privacy of a pool with spa, swimjets & sauna.. ½ hour & 1 hour slots. Children's parties welcome. Tollgate, Ingworth | THE PINK HOUSE, Wickmere is going self catering. Sleeps up to 8. (%20.idyllic/">http://www.cottages4you.co.uk)%20.idyllic/. IDYLLIC! Also some B & B dates in 2013, phone to check availability, Dee Jupp, 01263 577678 |
| SILVER SURFERS COMPUTER SERVICES Trouble shooting - free advice - tuition - upgrades - installations Andrew Benn, 01263 761133 www.silversurferandy.com | GOOD TASTES CATERING. Dinner parties, buffets and small family celebrations, tailored to your requirements, using local produce. Dorothy Shannon & Valerie Lodge 01263 577272/512313 |
| ALAN BRENNAN BUILDING SERVICES for plumbing repair and installation – bathrooms, showers, kitchens, wall & floor tiling, painting & decorating. City & Guilds qualified. Free estimates on 01263 761190 or 0788 7838269 | MID EAST CARPENTRY & JOINERY, Aldborough Free estimates, all work considered. Jason Burton , 01263 761108 or 077 7409 7793 |
| SIGNWRITER ... Rose Cottage, Thwaite Common Traditional & Computer Cut Signs. From design to fitting. Paul M Riches ... 01263 768082 or 07833 137131 | NORTH NORFOLK PLUMBING AND HEATING Local & reliable, CORGI registered gas installer for all installations, repairs, heating, bathrooms. Under floor heating specialist. Tel/Fax 01263 577800. Mobile 07880 722707 |
| ANDY DANIELS, YEW TURN. Timber framed buildings, carpentry, wood-turning, landscaping, repairs, restoration. 30 Silvergate, Blickling. as.daniels@btinternet.com 0776 8680926/01263 734413 | Yoga Classes at Erpingham Village Hall Monday Evenings 7pm to 8.30pm Contact Pia on 01263 768 649 or email pia.shell@gmail.com |
| M. NEWLAND, BUILDERS All building work undertaken. Over 30 years experience. 077 8090 3694 or 01263 768323 | ALBY HORSESHOES INN. Margaret & Richard Rushmer welcome you. Home-cooked food using local produce. Up to 5 real ales. In the Good Beer Guide 2010. Food Hygiene 5 star. Open evenings Tues – Sat. Lunches Fri – Sun. 01263 761378 or www.albyhorseshoes.co.uk |
| THE ERPINGHAM ARMS FREEHOUSE Newly refurbished charming 18th century pub, open for lunch & dinner, serving exceptional home-made food, local real ales & fine wines. 01263 761591 - www.erpinghamarms.com - info@erpinghamarms.com | MARK RHODES - FURNITURE Hand made kitchens, fitted bedrooms & alcove units, wardrobes, cabinet making, bespoke joinery and windows. 01263 761809 or 07765 861219 www.mrhodescarpentryandjoinery.co.uk |
| LIZZIE'S FRUIT & VEG Fresh daily at very affordable prices. 7 West Street, Cromer, NR27 9HZ, <u>and</u> at Aldborough Farmers market, 1st Sunday (no longer at Downtide Centre) Telephone orders welcome 01263 519039. Fruit hampers on request. | MARTIN SERVICE STATION LTD/ ERPINGHAM POST OFFICE. Summer Opening 6am-8pm weekdays Sats 6am-7pm Sundays 8am-5pm. Fuel, autogas, off licence, lottery, groceries, frozen food, newspapers. Post office 9.00-1.00 weekdays (not Weds). ATM - free cash withdrawals. Friendly service. 01263 761393 |
| WOLTERTON and MANNINGTON Walks open every day with car parks and lavatories, playground at Wolterton, bird hide at Mannington. WOLTERTON HALL Open Fridays 2-5 (last entry 4) MANNINGTON GARDENS Open Weds, Thurs, Fris 11-5, Suns 12-5, in June, July, August. Greedy Goose Tearooms. Events leaflet 01263 584175/768444 or admin@walpoleestate.co.uk | |