

KEEPING IN TOUCH

DECEMBER 2011

News from Alby, Aldborough, Calthorpe, Erpingham, Ingworth, Thwaite, Thurgarton



CHURCH SERVICES for Sundays, Christmas Eve & Christmas Day
 HC= Holy Communion, M= Matins, E= Evensong
 *= an unusual time, place or type of service

DECEMBER	Advent 2 4th	Advent 3 11th	Advent 4 18th	Christmas Eve 24th	Christmas Day 25th
ALBY	↓ ↓	3.30 E	--	--	--
ALDBOROUGH	↓ ↓	11.00 HC	*11.00 Carol Service	10.00pm 'Midnight' Mass	--
CALTHORPE	10.00 Group Eucharist	--	9.30 HC	--	--
ERPINGHAM	↑ ↑	9.30 HC	--	4.00pm Carol Service 11.45pm Midnight Mass	--
INGWORTH	↑ ↑	11.15 M	*6.30 Carol Service	--	9.30 HC Christmas Communion
THWAITE	↑ ↑	9.30 M	*9.30 M	--	10.30 Carol Service

WEEKDAY SERVICES

Wednesdays 9.15 at Ingworth (not 28th)
 Thursdays 7.30pm at Calthorpe (1st HC, 8th Benediction)
 at Erpingham (5th HC, 22nd Benediction)
 Friday 16th 9.15 at Aldborough

The Rector will be pleased to bring Holy Communion
 to any housebound communicant. Please let him know.

All are welcome at any service

HAPPY CHRISTMAS to EVERYONE!

Parish Priest: Fr Brian Faulkner, The Rectory, School Road, Erpingham. 01263 768073
 e-mail: brian-faulkner@lineone.net
www.scarrowbeckbenefice.org.uk



FROM THE RECTOR

You'll be pleased to know that I've chosen my first Christmas presents: a jacket, scarf and woolly hat emblazoned with Norwich City colours. For how can a supporter sit at the Barclay end of the Carrow Road ground improperly dressed!

This Christmas I want to invite you to join the crowds that will worship in our six parish churches. I can't promise you congregations to match those at Carrow Road, but I can promise you a warm welcome as we celebrate the birth of our Saviour.

Oh, a final thought – there's no dress code, so come as you are.

Happy Christmas!

Fr Brian

FROM THE REGISTERS

Holy Baptism at St Mary's Aldborough 23rd October Daisy Ann Daniels

Funeral at St Mary's Aldborough 4th November Penny Jackson

From the Editor's Postbag: The sun began to peep through as Penny's coffin was escorted into St Mary's. The church where she had worshipped was full to capacity with her family and friends, and many more were standing silently in the graveyard. Such was the testament to an exceptionally brave and loving person who was loved and admired by all who knew her. When someone you love becomes a memory, that memory becomes a treasure. Penny will be greatly missed. E.R.

GROUP SERVICE

Sunday 4th December, 10.00, at Calthorpe Church

There will be no other act of worship in our six parish churches on this day.

This is a chance to meet and pray together.

The first Group Service of 2012 will be on 1st January at Alby Church at 10.00

YOUNG VOLUNTEERS WANTED

Anyone who would like to take part in the **Christmas Nativity tableaux** this year is invited to let Eleanor Faulkner know, 768073. There are two opportunities: at **Aldborough Church on Sunday 18th December at 11.00**, and the **4.00 service at Erpingham Church on Christmas Eve**.

Week beginning Sunday

PRAYERS FOR THE PARISHES

DECEMBER

- | | |
|----|--|
| 4 | Alby: Alby Hill, Goose Lane, Low Common |
| 11 | Thurgarton: Harmer's Lane, The Street, Cromer Road |
| 18 | Erpingham: Calthorpe Road, Chapel Road, Cromer Road |
| 25 | Ingworth: Cromer Road, Priory Lane, Gulgate Lane, West End |

CPAK (10 - 14s Group)

The 'pre-Horstead weekend' party will be held at The Rectory on **Friday 6th January, 6.00 – 8.00**. Will it be a Pizza party or a Jacket Potato party or a Pasta party?? Please put the date in your diary if you are thinking of coming to Horstead for the weekend of 24th - 26th February, and let Eleanor (768073) know if you plan to come to the party.

BENEFICE CHOIR



THE BENEFICE CHURCH CHOIR sings at one service a month (on the first Sunday) at the Group service in one of the six churches in turn.

We rehearse on the Thursday evening before the service at 8pm. We have spaces for singers in each voice part (soprano, alto, tenor and bass). Some ability to read music would be helpful!



INTERESTED IN JOINING US? Please ring Stephen on 01263 768209

CHRISTIAN FELLOWSHIP - No meeting in December, but a reminder of the meeting on **Tuesday 29 November, 2.30 – 4.00, in Prince Andrew's Chapel, with the theme of ADVENT and preparation.**

Prince Andrews Chapel

Aldborough

Living out the message of Jesus in North Norfolk

We are part of God's family - ordinary people who believe that what the Bible teaches is relevant to each one of us.

Want to find out more? – You are welcome to join us on Sunday mornings @10:45am, for about an hour, where we learn together from the Bible about God's love for us all.

For more info, call Martin & Ruth (761468) or David & Jean(768416)

www.princeandrewschapel.org.uk



CLUB for 5 - 11 year olds

CRAFTS AND ACTIVITIES

Thursdays in term time

6 pm - 7.15 pm at Prince Andrew's Chapel

ALDBOROUGH GARDEN CLUB will be holding their AGM on **Thursday 15th December** at **7.30** in the Church Room, *to be followed by their Christmas party.*

ALDBOROUGH PARISH COUNCIL

Next meeting on **Wednesday 7th December** at **7.30** in the Community Centre. (Note day of the week.)
Items from the Minutes of the November meeting (Editor's choice).

Present: 4 Parish Councillors, District Councillor Norman Smith and the Clerk

Matters arising: Two **speed signs** will soon be erected in the village and possibly an additional flashing sign. The **land outside 1 to 6 Thurgarton Road** is owned by Victory Housing Trust. NNDC had no objection to the **trees on the Spar side of the Green** being rebalanced; it will cost of £75. The **police will be making speed checks** at Thurgarton Road and Thwaite Hill. The **new gritting route** past the School will not be limited to term times. The grit bin suggested by the County Council will be sited near the School; now that the NCC appreciate that the School is not in this parish they will approach Alby with Thwaite Parish Council about providing a grit bin.

Police report During October one crime had been reported and there were three other calls to the police. The **Mobile Police Station** will be on The Green, near the Post Office, on **Thursday 1st December, 10.00 - 11.00**.

Proposal for a Wildlife Pond on The Green Councillors considered the application for planning permission and decided to support it. Mr Robert Eke had written about future maintenance liabilities if the Wildlife Pond is constructed. Current grass cutting arrangements would continue, although mown pathways would need to be re-aligned. The Wildlife Group and the Garden Club will undertake regular clearing and ensure that the water quality is maintained. After some discussion, the Parish Council decided to defer consideration of the request to construct the Wildlife Pond until representatives of the Wildlife Group can be present. The Clerk was asked to obtain some indication of likely annual costs if the Wildlife Group and/or the Garden Club fail to undertake necessary work.

Reports by Parish Councillors on their Responsibilities

JN – The **Community Bus** has been off the road because of problems with the door, but these have now been overcome. Norfolk County Council will be printing new timetables, and proofs for approval are awaited

The Clerk for **TB – Community Centre** – The new chairs have arrived and the old ones have been sold and collected. The main hall floor has been polished to remove marks.

ME for **TB – Allotments Association** – The Association has joined the Allotments and Gardens Council to enable them to obtain insurance at a better rate.

ME for **JW – Recycling Banks** – Paving has now been laid beneath the Bottle Banks.

District Councillor Norman Smith reported a lot happening especially in relation to the Localism Bill. He also said the Budget is under control and gave an example of savings of £20,000 being achieved. A large percentage of the rubbish for the proposed Incinerator near King's Lynn was to be imported from the European Union, and would

probably be transported by road from the docks. **ME** expressed the hope that the Localism Bill, when enacted, would help to resolve the conflict of the District Council consulting Parishes, and then ignoring the views of Parish Councils, as they had, for example, in relation to housing allocations in the Local Development Framework.

Correspondence included:

A letter from Aldborough Garden Club confirmed that the Britain in Bloom Campaign will be considered at their AGM next month. It might become a project for 2013.

A letter from Active Norfolk with regard to Village Games 2012, which is open to all villages in Norfolk. There is an opportunity for someone to be appointed as Village Sports Co-ordinator with an honorarium. **(See page 10.)**

An e-mail from NCC Social Services proposed the establishment of a data base of persons willing to assist the elderly in times of severe weather conditions. It was agreed to make them aware of the services provided by Village Care.

A letter from NCC invited expressions of interest from the Parish Council in taking on aspects of the County Council's current activities under a voluntary or a paid arrangement; to be investigated.

Financial Matters

Donations this year: £250 to Aldborough Parochial Church Council for maintenance of the graveyard, £300 to East Anglian Air Ambulance and £50 to Citizens Advice North Norfolk

E-on have installed a Smart Meter in the brick kiosk on The Green at no cost to the Parish Council. This will remove the need to submit quarterly meter readings to them.

Dates of Parish Council Meetings in 2012

Wednesday, 11th January

Wednesday, 8th February

Monday 5th March

Monday, 2nd April

Monday, 23rd April (Annual Parish Meeting)

Wednesday, 16th May

(Annual Meeting of the Parish Council)

Monday, 2nd July

Wednesday, 8th August

Monday, 3rd September

Monday, 1st October

Wednesday, 7th November

Wednesday, 5th December

All meetings at 7.30 in Community Centre

Any other business

ME observed that the Black Boys Public House is looking better than it has for some time, thanks to the efforts of the new owner and tenant.



THE PLAY AREA ON ALDBOROUGH GREEN has been officially opened by children's author, Tom Palmer. A crowd of children and parents came to mark the event. Parish Council Chairman Martin Elliott made a short speech as there were many people to thank, including:

The Fund Raisers: Heather Tamplin, Sue Peters, Dorothy Wedge, Rachel Thornberry, Catherine Wedge-Clarke, Dee Jupp supported Lara Williamson at Holt Area Partnership and many others.

The Fund Providers: **Norfolk County Council** in making available £27,000.00, under the Playbuilder3 Scheme – Mrs Shelagh Hutson (Chairman of Norfolk County Council) attended the ceremony.

Aldborough Village Care who provided several thousand pounds and supported the grant application.

Parish Councillors past and present who saw the need for a new play area and have slogged away for the past few years to make it happen.

The Village for supporting the venture in all sorts of ways, and the **children** for making great use of the play area and feeding the "Tidy Bear" litter bin.

The Neighbours for their cooperation and tolerance during the construction.

And finally ... to Marian Brocklehurst for suggesting that Tom Palmer should be asked to open the play area ... and to Tom for agreeing to do so.

Tom Palmer cut the ribbon and then tea and cakes were served in the Church Room. Many thanks to the ladies of the village who made the delicious cakes for the refreshments.

Tom Palmer's books are available from the Norfolk Children's Book Centre, Alby.

Aldborough Parish Council are pleased to announce that our Christmas Tree will be arriving on Friday 2nd December for the traditional "putting up" on Saturday 3rd December. Able-bodied assistants will be very welcome at 10.00.

It is also expected that Father Christmas will be arriving on The Green on Saturday 10th December at 2.30 to try and illuminate the tree lights.

But he will need the help of all children for this task.

From the Editor's Postbag

This letter is addressed to the children of Aldborough & Thurgarton:

'Last year I was very pleased to see so many of you on the Green when I came to switch on the Christmas tree lights and I loved reading the letters you sent me. I am going to come again on Saturday 10th December and hope to arrive at the tree at 2.30. Don't be late or you will miss the excitement as I can't stay long.

You can post letters to me in my special box in the Post Office (NB. Last time for posting, mid-day on Thursday 15th December), or you can send them c/o Aldborough Post Office, Aldborough, Norwich, NR11 7AA (post in good time). If you tell me your telephone number I will ring you on Saturday or Sunday (17th,18th December) before I set off for my busy night. I'm looking forward to seeing you.

Father Christmas



Thursday 22nd December at 6.00
Carol Singing Round the Christmas Tree on Aldborough Green
Come one, come all - Bring torches, lanterns and instruments if you like,
for half an hour of singing carols together.

ALDBOROUGH COMMUNITY CENTRE

The next DANCE PARTY for 7 - 11 year olds will be held on Friday 16th December from 7 - 8.30pm

SAMARITAN'S PURSE Shoeboxes : Many thanks to everyone who filled a shoebox this year. We reached the grand total of 48 and they are now on their way to children around the world.



Christmas Fair

in the Church Room on Aldborough Green
Friday 9th December, 9.00 – 5.30
Beautiful handmade food items and crafts
will be on sale throughout the day
Carols at 3.45

Aldborough School Panto

Community Performance
Monday 12th December 2.00
at the School. No tickets required.
Raffle and refreshments.
Some Car parking available.

THE NEXT **FARMERS MARKET** in aid of The Friends of Aldborough Primary School will be on **SUNDAY, 4th December, 9.30 - 12.30**, in Aldborough Community Centre.

There will be markets on the first Sunday of each month.

ALDBOROUGH WILDLIFE GROUP will be holding their AGM and Christmas Party in the Church Room at **7.30 on Wednesday 7th December**.

ALDBOROUGH SURGERY

The official opening was a happy occasion and every one is pleased with the results of the year of upheaval. Now for a more day-to-day announcement: **We are coming to the end of our flu clinics and if anyone needs vaccinating, please contact the surgery soon.**

GOOD INTENTIONS FUNDRAISING TEAM

The Team are delighted to announce that **£5,300 has been raised** for this year's charities - Lowestoft Signing Choir, Citizens Advice Bureau - North Norfolk and The Grand Order of Water Rats. I think you will agree that this is a fantastic figure, bearing in mind the current financial climate. The support throughout the year has been incredible, at the Quiz Nights, Stody Lodge, Hog Roast at Mr Hammond's, the Talent Show, Showtime, and the Annual Variety Show. Thank you to all who have supported us this year, for putting G.I.F.T. "on the map" and being recognised as a well-known local Fundraising Team.

I would also like to thank personally the Committee - which consists of 5 Members. People are amazed how much we achieve throughout the year with just 5 Members to organise the Events. If anyone would like to join The Team, then we would be more than grateful to hear from you.

Finally, I would like to announce that the **Charities for 2011/2012** are:

Park House (Leonard Cheshire Home), Sandringham, 1st Responders "Shocking Now" - North Norfolk, and The Grand Order of Water Rats.

Once again we have a very full programme of events and would advise you all to watch out in 'Keeping in Touch' for details of activities. Put these dates in your new 2012 Diary:

9th March, Quiz Night

11th March, Talent Show

14th April, Pamper Day (We would like any Therapists, to come forward and offer their services.)

13th May, Showtime - Celebration of 60 years

15th July, Hog Roast

23rd September, Annual Variety Show

12th October, Quiz Night

Yvonne Tiffany

ERPINGHAM with CALTHORPE PARISH COUNCIL

Items from the report of the November meeting (Editor's choice):

Matters arising: The issue of the **path opposite the Erpingham Arms** was entirely in the hands of the Norfolk County Council Highways and Legal Departments, the Parish Council being unable to act further. On the **village sign** the Chairman advised that a successful public meeting would prefer the sign to be located on Eagle Road, south of the Erpingham Arms. The Clerk would check on the land ownership issue. The initial design had met with approval. The idea to place a **second sign in Calthorpe** also met positive support so this idea would be pursued. The Clerk would check on the suggested location by the Church; design and funding would then be the next stages. On **footpaths** the Chairman advised that he had secured approval from NNDC for the general use of an unofficial path, he had hired a mower and cut back the route. The Women's Institute are considering nominating a representative on the proposed working party to monitor the path network in the village.

On planning: consent had been given for repainting at the Old Farm House, Butts Common, and a conservatory had been permitted at Littlewood Lodge, Butts Common. **Under finance** the budget for 2011-12 and first estimate budget for 2012-13 had been circulated to members. The Council adopted the budgets, acknowledging the need to review the grass cutting contract to include the new car park area at the Village Hall; they then agreed to set a precept of **£6500 for the year 2012-2013**.

The Council agreed that R Goodliffe would replace D Clayton on the **Village Hall Committee**. In his report the Clerk said that Norfolk County Council had asked for a village contact in emergency for **care of the elderly**. The Clerk had been advised of a **free Legal service starting on Tuesday evenings in Merchant's Place, Cromer**.

In members' reports the Chairman outlined the need for **more village items to be sent to 'Keeping in Touch'** to increase the visibility of Erpingham and Calthorpe activities and events. He referred to the on-going **Section 106 issue** and asked the Clerk to write to NNDC to request formally the payment of the anticipated monies with the guarantee that the Parish Council would ensure its expenditure on sporting uses only. The Chairman asked about the **feasibility of a parish website** which the Clerk would place on the next agenda. In open session the Council was able to advise that a grit bin would be in place shortly near the A140 junction.

More village items to be sent to 'Keeping in Touch': your Editor concurs most heartily! But I have to be given the information: details of my address, e mail address, telephone and last date for copy are always on the next- to-last page, just before the adverts. I often feel that the information I have is incomplete. For instance, above, there is a mention of the design of the proposed village sign – has everyone seen it? Is there a photo available? Another example: I know that Erpingham is getting on with arrangements for celebrating the Diamond Jubilee: do all residents know?? Any plans involving dates should be publicised as soon as possible, in order to try to avoid clashes of interest, not just in Erpingham, but in the neighbouring villages too. And what is happening about the M.U.G.A.?

It's clear that Aldborough is the more active village – it has a second hall to be active in (provided by the church for community use), as well as a Village Green to be active on – but all the more reason to make sure that everyone knows what is happening in Erpingham, to get full support for any events.

ERPINGHAM with CALTHORPE VILLAGE HALL

Over 80 people came to the Hall in Erpingham in November to see 'Piff, the last of the Magic Dragons'. Piff is one of the best young magicians around, voted best close-up magician by the Magic Circle and he amazed Penn and Teller on their television show with one of his unique card tricks. The audience were crying with laughter at his deadpan humour and shouting with amazement at the magic.

The Village Hall booked Piff through Creative Arts East, an organisation which enables local communities to book top-class acts. The next such show at the Hall will be 'George....don't do that', a Joyce Grenfell evening presented by Jo Sessions on **Friday 3rd February 2012**.

This is likely to be a sell-out too, so put the date in your diary and watch for an announcement about tickets.

768073 is the number to ring if you want to enquire about booking the Village Hall for children's parties or other events.

200 Club Results

	<u>£150</u>		<u>£100</u>		<u>£50</u>	
	95	S. & T. Mollard	14	R. Dancaster	148	Mrs T. Dennis
		<u>£10</u>		<u>£5</u>		
3-10-11	38	J.Eagles	84	Jack Payne		
10-10-11	134	T. Warne	127	R. Alston		
17-10-11	34	Dr K. Harrison	89	Jonathon Postle		
24-10-11	21	D. J. Nichols	28	Carol Skipper		

ERPINGHAM READING GROUP

We started meeting as a group in early 2010 and since then have met monthly and read a selection of books, ranging from best-sellers to not such well-known books. Group members are asked to suggest books they think may appeal to the group and we then let Aylsham Library have a list which they do their very best to obtain for us.

We begin each meeting with a discussion of the book read that month, and whilst there is not always agreement on its merits, there is always a lively discussion. We may then go on to say what we are currently reading and recommend (or otherwise) that book to the group.

We take it in turns to "host" the group and provide coffee and biscuits. As we meet in each other's homes we have to restrict numbers, and at present we have no vacancies.

However, why not consider starting a group yourself? The staff at Aylsham Library are very helpful and I was given notes on starting and running a group in the beginning. It is a good way to meet up with others with a love of reading and also to keep up with village life!

Christine Jope, Erpingham

Erpingham Café Church

Carol singing, mince pies, nibbles and hot drink,

Christmas Tree Lights at 5 p.m.,

Erpingham Village Hall,

Sunday 18th December

All welcome: Do come along!

ERPINGHAM with CALTHORPE WOMEN'S INSTITUTE

President: Tel. 01263 768279 Secretary: Tel. 01263 761350

Annual Dinner on Friday 9th December .

To find out more, phone the President or Secretary.



ERPINGHAM SCHOOL

invites you to a performance of

THE THREE LITTLE PIGS (a musical version of Roald Dahl)

at ERPINGHAM VILLAGE HALL

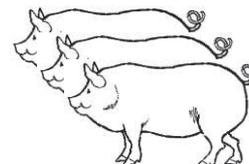
on THURSDAY 15th DECEMBER

for a 6pm start

Tickets £3 per adult (children free)

at the door or via the school office on 01263 761365

There will be wine and mince pies and
an opportunity to buy gifts from the "GREENS" stall



Meg needs:
old zips, buttons, fabrics, yarns, felted woollies and general haberdashery for her
**Textile Craft workshops at
Erpingham Village Hall.**

Thankyou!
Tel 01263 768015 meg@megfoster.co.uk

STAYING FIT WITH THE MOBILE GYM IN ERPINGHAM

If you have not been along to the mobile gym yet, now is the time to come and see what we have to offer. There is a special offer leading up to Christmas and this means that you can come along and do Gym, Nordic Walking or Zumba Fitness free on your first session; then it will only cost £1.50 per session for Gym and Zumba and £2.00 for Nordic walking.

All the sessions are led by fully trained fitness instructors, Wyn and Karle, who will ensure that you have a safe and effective time at whichever session you choose to come to. The gym sessions are a great way to kick-start your fitness and we can tailor programmes to suit individual needs and abilities. There is no need to book, just turn up on the day; if you have special needs we can accommodate these as well.

Nordic Walking is led by Wyn and is a great way to get fit if you prefer the outdoors for exercise. We provide the poles and Wyn will explain the technique required when walking with them. Nordic walking uses many muscles in the body and you can burn up to 90% more calories during your walk than in normal walking. This low impact exercise is a great way to maintain fitness levels and is suitable for most people.

Zumba Fitness: well, if you fancy having a great time every week, then do come along to this class great music and great moves really work the body all over. You will leave this session feeling happy, it's a great stress buster and you will soon learn all the moves. The class is led by Wyn and warm up with Karle; they will take you through each dance so you will get the most out of the class each time. You will find yourselves singing along as well and having a thoroughly good time.

Wednesdays, Erpingham Village Hall

Gym 1-30-5-00

Nordic Walking 2-00-3-30

Zumba Fitness 5-30-6-30

So don't delay, get your FREE session: just pop in and see what we have to offer. For more information please contact Wyn 01263 516305 or 07795265671 or e-mail wyn.nurse@north-norfolk.gov.uk

From the Editor's Postbag

1) Last month's comments about **Alby Horse Shoes** delighted us, but we would like to add that we are sorry we are not able to open at lunchtimes during the week. The current economic situation has meant that we see very few customers and as we are now both past retirement age, we have decided to take a little more time to ourselves. However, what we want to say is that we are most willing to open for lunch should anyone have visitors for whom they would like us to cater, or perhaps a meeting or some occasion. Please do phone us with 24 hours' notice and we will make arrangements. (See our advert for opening times.)
Margaret Rushmer

2) INGWORTH CHURCHYARD

Every year for many years Alvin Tovell and Chris Tovell have helped to keep Ingworth Churchyard so beautiful and tidy and the people of Ingworth village would like to give heartfelt thanks for all their hard work. It is greatly appreciated, especially by those who visit and remember their loved ones who have passed but are not forgotten.
A.G.

3) USED STAMPS. At this time of year we all get some stamps on our post. I collect them for two charities, the RNIB and the IA (Ileostomy Association). If you are able to help, please leave stamps at Antares, Thurgarton Road (just off the Green), or at Aldborough Community Centre on Tuesdays (lunch time or evening).
Val Barnes



Are you creative with excellent listening skills and interested in dementia?

You sound like the perfect **Life Story Book Volunteer** for North Norfolk
You will spend a couple of hours a week with a collection of photographs and memories of a person with dementia's life.

The benefits for a person living with dementia are the satisfaction of producing the book and enjoying the completed album with others. It is also a very helpful communication tool.

Helen Dingle 01603 763517
norfolk@alzheimers.org.uk
Reg. Charity No. 296645

PUBLIC NOTICE

101 IS THE NEW NUMBER FOR CONTACTING THE POLICE ABOUT NON-URGENT ISSUES.
Calls from land lines and mobiles will cost 15p no matter how long the call lasts

DATES FOR 2012 DIARIES

Some people have commented that there was no Harvest Supper in Aldborough this year. The village was remarkably busy in October so the PCC decided that there will be a **'Beat the Blues' evening** instead, on **Saturday 18th February**. Our 'twinned' parish of St Giles Norwich will be invited to take some of the tickets, which will be available in the New Year.

There has already been notice of Aldborough's Open Gardens Day on **Sunday 10th June**. As part of this, Aldborough Church will be having special floral displays in the Church and an exhibition of local memorabilia **'In praise of matrimony'**. We shall be asking for photos, wedding dresses, stories (!), items from your memory chests.

Please let us all know if you are planning something special to celebrate the Diamond Jubilee.

An item for the attention of all our villages



In 2011 88 villages were involved in NORFOLK VILLAGE GAMES.

Will your village take part in 2012?

The Village Games offers the chance for 'Olly the Elephant', Norfolk's official Olympic Mascot, to come out and help promote activities going on in the Village. Olly will be at nearly all Village Games activities, but is also eager to go along to schools and other activities.

So why not get Olly out to your Village?

Roadshows - offer villages the chance to hold a day of **Sport Taster Sessions** which gives their community **the chance to try a number of different sports for FREE**, it is also an opportunity for local clubs to promote themselves. If there is sufficient interest in a particular sport, there may be the opportunity for further coaching sessions. The roadshow can 'tag on' to an existing event taking place or it can run independently. The sports we put on is up to the village but at previous roadshow we have held sessions in Archery, Zumba, Table Tennis, Badminton, Carpet Bowls and Rounders.

Village Games – is a fun but competitive day of sport and with a range of events to choose from there is something for everyone, up to four adjoining parishes can join together. The 2012 Games will take place in North Norfolk on Sunday 10th June 2012 at Cromer Sports Centre.

Sports (TBC): Tennis, Badminton, Table Tennis, Archery, 5 a Side Football, Darts, Short Mat Bowls. Rounders, Fitness Triathlon, Athletics

Village Sport Co-ordinators (VSCo) – will be encouraged to develop sport within their village / rural area; perhaps to inspire an entry into the Village Games; be a focal point for sporting information in the village and a 'Champion for Sport' liaising with local organisations such as Parish Councils or Playing Field Committees and clubs; with your Rural Sports Development Officer to co-ordinate a Village Come-and-Try or Activity Day to encourage more people to take part in sport and the games itself.

With support from Active Norfolk and the Rural Sports Development Officers, we will work towards some of the goals below;

- form an organising group to receive external grants for village sporting projects;
- form an organising group to arrange coaching courses and activities for young people and/or other village residents;
- co-ordinate a transport scheme to a sporting facility/activity;

The VSCo would agree to take on some of the roles, they may choose to organise something themselves or they may motivate and arrange others to coordinate certain roles.

Each co-ordinator will be offered £300 plus £200 expenses to cover costs incurred.

Coaching Bursary – To really get this project out into small towns and villages we need a large bank of local coaches who are suitably qualified to lead the delivery of various sporting activities.

We are very keen to develop links with local clubs to offer exit routes from all Village Games events. In addition, in areas where we have established a need, we would be keen to hear from coaches/ volunteers who are keen in being involved in starting up a new club.

We are offering to pay up to 75% of the agreed coaching qualification with an understanding that the coach, will deliver a minimum of 2 full days coaching as part of the Village Games project.

Please note Active Norfolk has limited funding and therefore can not guarantee that applications will receive support.

If you would like any further information, have any questions or would like to be involved in the project in anyway do not hesitate to contact me by email: aaron.roberts@activenorfolk.org or phone: 07901 588270



CHRISTMAS SERVICES – Everyone welcome at any service

Sunday 18 December	11.00am	Aldborough Carol Service
	6.30pm	Ingworth Carol Service
Christmas Eve	4.00pm	Erpingham Carol Service
	10.00pm	Aldborough 'Midnight' Mass
	11.45pm	Erpingham Midnight Mass
Christmas Day	9.30am	Ingworth Christmas Communion
	10.30am	Thwaite Carol Service

The Rector will gladly bring Holy Communion to any housebound communicant if asked.

THANKS for donations recently received from residents of Alby and Aylsham

THE NEXT ISSUE Copy for the January issue please by **Monday 12th December**.

Editor: Ruth Bayes, Chesterfield House, The Green, Aldborough, Norwich NR11 7AA. 01263 768063.

rmbayes@tiscali.co.uk

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