

FROM THE RECTOR

What do a pancake, a Bible and an Annual Meeting have in common? Yes, you've got it – the answer is Lent. In this group of churches the six weeks of preparation that lead up to Easter begin with a Shrove Tuesday Pancake Race on Aldborough Green, and continue with a Thursday evening series of Bible studies and also Annual Church Meetings that attempt collectively to plan and look to the future.

Of course pancakes, Bibles and meetings are only part of the story – yet in a world of faith and wonder they seem a good place to begin.

Fr Brian



FROM THE REGISTERS

Holy Baptism	at St Mary's Aldborough	30th January	Oliver Hudson
Funerals	at St Mary's Aldborough	4th February	Ronnie Mann
	at St Mary's Erpingham	7th February	Doris Davison
	at St Lawrence, Ingworth	18th February	Arthur Bishop

GROUP SERVICE

Sunday 6 March, 10.00, at Erpingham Church

There will be no other act of worship in our six parish churches on this day.

This is a chance to meet and pray together.

Sunday 3rd April will be Mothering Sunday and the Group Service will be at Aldborough.

Week beginning

PRAYERS FOR THE PARISHES

MARCH

6	Alby: The Common, Blacksmith's Lane and Church Lane
13	Thurgarton: Ringbank Lane and School Road
20	Ingworth: The Street
27	Erpingham: The Street

SHROVE TUESDAY– Pancake Day, 8th March, after school, 3.30 onwards

Pancake races for all ages outside the Church Room, or fun and games indoors if the weather is too wet, followed by a pancake tea (with fresh pancakes!!).

DON'T FORGET TO BRING YOUR OWN PAN!

ASH WEDNESDAY

9th March (the beginning of Lent)

9.15am Holy Communion at Ingworth

7.30 pm Holy Communion at Calthorpe

Let's begin Lent prayerfully.

LENT BIBLE STUDY

A course of study:

'Letters ancient and modern'.

Christian discipleship seen through the experience of the first Christian communities.

5 Thursdays beginning 17th March at The Rectory, School Road, Erpingham. (Later venues yet to be agreed.)

OPEN TO ALL.

CHURCH AGMs

These are open meetings that attempt to shape, focus and inform. If you'd like to play your part, we'd love to see you.

Ingworth	Wednesday 23rd March, 7.30, in the Village Room
Thwaite	Friday 25th March, 7.00 , in the church vestry
Alby	Tuesday 29th March, 7.30, in church
Aldborough	Friday 1st April, 7.30, in the Church Room
Erpingham & Calthorpe	Tuesday 5th April, 7.30, in Calthorpe Church

CHRISTIAN FELLOWSHIP
Tuesday 22 March – 2.30 –4 pm
in Prince Andrew's Chapel, Aldborough

WHAT DOES THE BIBLE HAVE TO SAY ABOUT 'TREASURE'?

Lent is a good time to spend extra time finding out what the Bible teaches us about various aspects of our lives. In this time of austerity, it will be interesting to see what it says about what should be regarded as true treasure.

So, please do a little research, to help us find real treasure trove!

There will be an opportunity for a contribution from everyone – ours is an equal opportunities group!!



Prince Andrew's Chapel
Aldborough



Living the message of Jesus in North Norfolk

You are welcome to join us on
Sunday mornings at 10.45.
(for about an hour)

We meet as members of God's family,
to learn how to apply what the Bible teaches to our lives, and to encourage one another.

Tea, Coffee and Conversation are available after the services!



CLUB for 5 - 11 year olds
CRAFTS AND ACTIVITIES

Thursdays in term time

6 pm - 7.15 pm at Prince Andrew's Chapel

MESSY CHURCH – ALL AGE ACTIVITIES, OPEN TO EVERYONE

Erpingham School at Erpingham Church, Friday 4th March, 9.00-9.45. 'Feasting and Fasting'

ALDBOROUGH GARDEN CLUB

All are welcome to the next meeting, on **Thursday 10th March**, at **7.30** in the Church Room. Sheila Adams will talk about the Plantation Garden: a Victorian treasure.

Please note the date!

ALDBOROUGH PARISH COUNCIL

Next meeting on **Monday 7th March** at **7.30** in the Community Centre.

THE LOST PRINCE

We, as outsiders, always look forward to the Aldborough Players' pantomime and we were not disappointed with their 18th production. They certainly have 'come of age'.

The entrance to the Community Centre was beautifully decorated and set the mood for the evening in Snowland. Their cool (!) performance with sparkling scenery got a very warm reception.

Clever character naming, colourful costumes, magical make-up, perfect props, professional programme and wonderful witty writing all added up to a very enjoyable evening. All the tremendous effort that went into the presentation was very much appreciated. Thank you. Only one regret – Ron & Co. – we missed you!

A & CS.

JUMBLE SALE

Aldborough Community Centre

Saturday 19th March 10 - 12

raising money for **Aldborough Primary School** funds and for our partnership school in Malawi. Donations of Jumble would be much appreciated; clothes, bric-à-brac, etc. and can be collected if necessary.

Sarah and Teucer Wilson **01263 761767**

THE NEXT **FARMERS MARKET** in aid of The Friends of Aldborough Primary School will be on **SUNDAY, 6 March, 10.00 - 1.00**, in Aldborough Community Centre.

There will be markets on the first Sunday of each month.

News from ALDBOROUGH STEPPING STONES PRE-SCHOOL

We're delighted with our plush new setting in the newly refurbished Aldborough School. The children are loving the new rooms, all the light that floods in from the floor to ceiling windows, baking from the kitchen and are excited about the plans for the new outside play area.

We're having an **OPEN MORNING** on **Saturday 5th March** from 10.00 - 12.00 with a lively music and movement class by Lorna Becker from PRESMA, followed by juice and homemade cookies (tea and cake for the adults!). We've also got a fantastic range of books from the Norfolk Children's Book Centre and will end the open morning with Story Time. This is a great opportunity for parents and carers of children under school age to come and view our lovely new pre-school including a tour of our inside gym, a sneak peak at the plans for the new outside play area as well as meet our staff. Call 01263 768766 (leave a message) to book your FREE SPACE. Stepping Stones offers session from 9.15 to 3.30, Monday to Friday during term time.

Don't forget to put the **Barningham Hall Easter Egg Hunt** on **Saturday 23rd April** in your diary.

MORE from ALDBOROUGH SCHOOL What a fantastic response to our open invitation to view the new school. We had a dozen folk through the door, of all ages. Some had memories of working here whilst others were interested locals. Our youngest visitor was Fred Geere-Wright who was getting it all sussed for the future! Disabled access wasn't a problem nor was the fact that it was very much a come in and find things out, without a guided tour. There was an additional buzz which was great, and during the afternoon at least three visitors had ideas to promote links with the community and further afield.. Good for us all.

I would like to repeat the invitation for **Tuesday 29th March**. You are most welcome to view the school in action, 1.45 -3pm. Please enter the school via the 'front door'.

The children and staff have thoroughly enjoyed their first half term in our new building. The space is working well for us, and for everyone to be under one roof is just fabulous. Furthermore, we no longer have outside toilets to freeze up! The new technology comes with a lot of training but thanks to the staff, the children are beginning to access it well. The stage is once again being put to good use with our season of class assemblies. Already we have had the older children perform their version of The Tempest, which was extremely adventurous but resulted in a great assembly.

The Aldborough Players made their annual visit to the classes in Key Stage 1, with face painting and dressing up clearly the highlight for many children!

Tina Casburn

G.I.F.T. (Good Intentions Fundraising Team). This year's charities are: The Lowestoft Signing Choir, Citizen's Advice Bureau - North Norfolk, and The Grand Order of Water Rats.

Friday 11th March Quiz Night - Aldborough Church Room, 7.30 p.m.
Teams of 4 to be forwarded to Yvonne on 01263 768076

ALDBOROUGH WILDLIFE GROUP

Wednesday **23rd March**, 7.30pm in the Church Room, Aldborough

Talk by Nigel Middleton:

Sculthorpe Reserve – the history and development of the Hawk and Owl Trust.

By popular demand, following the highly acclaimed talk by Christine Carlson on garden birds, she has agreed to give another talk on the "Birds of Hickling Reserve". This event is in addition to those already programmed for 2011 and will be held at 7.30pm on 13th April in the Church Room, Aldborough. The talk will add value to the visit to Hickling on 30th April.

ERPINGHAM VILLAGE HALL QUIZ

We have produced a prize quiz to raise funds for Erpingham with Calthorpe Village Hall. It will be on sale at £1 per copy from 1st March. If you could help by selling some copies, or would like one yourself, please contact us: Anna and Glyn, 01263 761987, annaosgo@gmail.com

The **ANNUAL GENERAL MEETING** of the Erpingham with Calthorpe Village Hall will take place in the Village Hall on **Wednesday 2nd March 2011** at 7.30pm. As well as receiving reports and accounts for the year, the Meeting will elect the Management Committee for 2011.

ERPINGHAM with CALTHORPE WOMEN'S INSTITUTE

President: Tel. 01263 768279 Secretary: Tel. 01263 761350

Wednesday 23rd March, 7.30 in the Village Hall.

Neil Storey will tell some 'Grim tales from Norfolk's past'.



News from Erpingham C of E Primary School

We have now just completed works on our beautiful pond area. It was looking a little overgrown and unkempt so it was high time to give it a little revamp. Through Norse we have had the pond drained and the dredged with the slurry removed from the bottom. With the natural spring underneath and with all the rainfall we have experienced it is already nearly full! In the next couple of months we are going to have this area replanted with some native aquatic plants and along with a wild flower area. Our bird hide has seen a new roof fitted and is again water tight. The hide will be equipped with a variety of materials for the children to use to observe and draw the wildlife they see and investigate the natural world around them.



The children have been responding to Andy Goldsworthy's work in their outdoor learning sessions held at school every Wednesday afternoon. If you access our website (www.erpinghamprimaryschool.co.uk) you will be able to see more of the beautiful artwork they have meticulously done.

We have recently bought our own minibus which we use frequently to transport our children on school trips, to their weekly swimming session at Aylsham High school and to help us with our collaborative work with Sheringham Primary School. Our children visit Sheringham on a weekly basis joining together to enhance their Physical Education activities and music sessions. We have taken our Samba tutor with us to Sheringham too which both schools found very exciting.

(continued...)

Erpingham School (continued)

We would like to invite you all to a **Family Photo session on Saturday 19th March**. We all discussed how difficult it is to get a good photograph of all the family together, so here's your chance. Pictures will be taken with the beautiful Erpingham grounds as backdrop. Our session will start at 10.00 and run until 12.30. All photos are extremely reasonably priced. Please contact the school to book a slot on 01263 761365.

Dates for your diary:

Friday 4th March, 9.00	Messy Church at Erpingham St Mary's.
Saturday 19th March	Family Photo Session 10-12.30 (call 01263 761365)
Thursday 7th April, 1- 3 pm	Family afternoon - Circus skills with Cosmo Circus
Friday 8th April	Pilgrimage visiting Erpingham /Calthorpe / Alby Churches

A brand new and exciting **free 'Stay and Play'** session for children aged 6 months to 4 years at Erpingham Primary School.

Every Tuesday from 9:30 until 10:30.

in association with

Aylsham Cluster Area

A Sure Start Children's Centre



WINTER ON THWAITE COMMON

Early February might not seem the best time of year to write about wildlife, but the past month has been a good time to take stock at Thwaite Common and plan for the year ahead.

The most significant change in the past year has been the effect of the cattle grazing, and walking over the Common recently, this was easy to see. The area of reeds, at the eastern end of the wettest part of the Common, had been trampled and grazed; this will open it to the light and control the spread of reeds, allowing the orchids and other flowers more space. Although the reeds themselves are not "bad", it is good to keep a balance and let some light into the ground here. Elsewhere, the lush vegetation of summer has been grazed down, again this should allow more delicate plants to flourish in the coming spring and summer. In early summer, I will be out searching for the return of the tiny, vivid-blue, milkwort, which once grew on the drier slopes.

In short, the experiment of returning the cattle to the Common seems to have worked and has started to restore the west of the Common in a slow, natural way, far superior to what any machine could have achieved.

In the coming months, some of the younger scrub will probably be removed from the drier slopes of the Common – during the years without grazing, areas of bramble have grown up and are now too woody for the cattle to eat; however, scrub is a great habitat for wildlife too and some will always be retained, the aim really being to just cut back the long shoots of bramble that are spreading into the open grassland. During the summer, I hope that some of the ungrazed parts of the common will be cut for hay, hopefully creating an ideal habitat for butterflies, small mammals and hunting birds, like the barn owls.

Helen Baczkowska, Norfolk Wildlife Trust

ERPINGHAM with CALTHORPE PARISH COUNCIL

The next meeting on Wednesday **9th March**, 7.30, will be preceded by the **Annual Parish Meeting** at **7.00**.

CRAFT WORKSHOPS in ERPINGHAM

A 6 week course, fortnightly in the Village Hall from Wednesday 16 March, 7.30 – 9.30 (omitting Easter week). £5 per evening. Booking essential. Ring Meg or Charles Foster 768015. www.facebook.com/pages/The-Yarn-Gardener. meg@megfoster.co.uk.

**AYLSHAM
COUNTRYSIDERS
CLUB**

in Aldborough Community Centre 7.00 – 8.30
Please be aware that meetings may have to be cancelled if the weather is bad.

THURSDAY 10th MARCH

WoW

We're going to SPLASH

Minibus leaves 6.m

Back approx 9pm

6 2nite pls ?

£1 for your locker

SUNDAY 20th MARCH

LASER QUEST COMP

St Stephens, NORWICH

THURSDAY 24th MARCH

Mick Gault

With his Bling!!!

THE EAST ANGLIAN AIR AMBULANCE now runs two fully medically equipped helicopters serving Bedfordshire, Cambridgeshire, Norfolk and Suffolk They are able to provide a life-saving resource, reaching patients quickly and transporting them to hospital within minutes. We receive **no Government funding** and require £4.2 million per year to keep the service running. On-going public support is essential to enable us to continue offering this vital service. **We need you today. You may need us tomorrow**

Support **your own local church and the EA Air Ambulance at the same time on Easter Monday 25 April 2011**, 11am, in the beautiful grounds of Sennowe Park near Guist in Norfolk. (see <http://www.sennowepark.com/>). This is an invitation to take part in the Archdeacons' Charge 2011 and raise money for your local church and the East Anglian Air Ambulance. In 2010 over **£11,800** was raised for East Anglian Air Ambulance and the Diocese from the Archdeacon of Lynn's **sponsored run/walk**.

Church treasurers please take note !

This year we hope to repeat the event and would like to encourage you and your church members to take part - and your local church will gain financially. Half of the money raised will again go to the **AIR AMBULANCE** but the other half will benefit **YOUR OWN LOCAL CHURCH** as we will **credit it to your own local church's Parish Share**. Everyone is invited to take part to walk or run your own distance (anything from 2 miles to 10 miles!)

The Archdeacon writes, 'If you can't take part and don't know anyone to sponsor, you can sponsor **me to run 10 miles** and we will still credit half the money to your local Church's Parish Share. Simply go to www.justgiving.com/Archdeacons-Charge-2011 and remember to tell us the name of your parish when you leave a comment.



presents a concert at **St Michael's Church**
on **Thursday 17th March 1.00 – 2.00**.

**Chris Cranham & Stewart Death will be Travelling by Tuba, with a
stunningly innovative programme from classical to jazz**

Entrance £7, children free, with refreshments available for £4 from 12.15.

MOBILE LIBRARY DAYS this month

If you use the library on Mondays (Thwaite, Calthorpe, Ingworth) on 7 March

Thursdays (Aldborough, Thurgarton, Erpingham) on 17 March