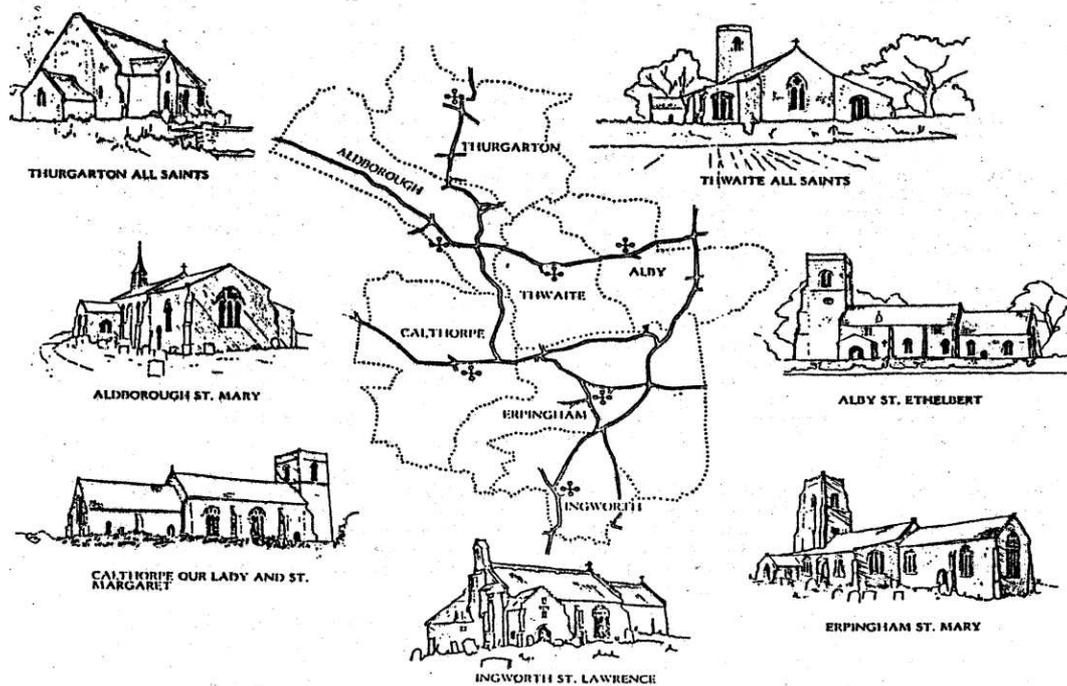


KEEPING IN TOUCH

MAY 2008

News from the Scarrowbeck Group of Parishes

Alby, Aldborough, Calthorpe, Erpingham, Ingworth, Thwaite, Thurgarton



CHURCH SERVICES

Holy Communion unless marked M=Matins E=Evensong

*= AN UNUSUAL TIME OR DAY

MAY	4th 7th Sunday of Easter	11th Pentecost	18th Trinity Sunday	25th 1st Sunday after Trinity
ALBY	*6.30 E	☝ ☝	--	--
ALDBOROUGH	8.00	☝ ☝	11.00	11.00
CALTHORPE	--	☝ ☝	*9.30	9.30
ERPINGHAM	9.30	*Group Service 10.00	*No service	8.00
INGWORTH	11.15 M	☝ ☝	11.15 M	6.30 E
THWAITE	11.15	☝ ☝	6.30 E	9.30 M

WEEKDAY SERVICES

Wednesdays 9.15 at Ingworth (not 28th)

Thursdays 7.30pm at Calthorpe (1st HC, 8th Benediction)

at Erpingham (15th HC, & 22nd Corpus Christi HC)

Friday 16th 9.15 at Aldborough

23rd 9.30 at Alby

Parish Priest: Fr Brian Faulkner, The Rectory, School Road, Erpingham

01263 768073

e-mail: brian-faulkner@lineone.net



FROM THE RECTOR

When was the last time you visited one of our six churchyards?
If you tend a loved one's grave, maybe you visit one of these special places in a very regular way.

For nearly a thousand years the churchyards of our parish churches have been places set apart for a sacred purpose, where the earthly remains of those departed this life might in Christ's name be laid to rest.

I recognise that for the churchgoer and non-churchgoer alike, the way in which we care for our churchyards touches deep emotions. They are places open to our own mortality, yet set within a community of faith and a natural world where plant and flower, bird and animal, enhance the mystery.

These churchyards however do not care for themselves. Grass needs to be cut, paths cleared, hedges trimmed, activities which involve many hours of work and large sums of money. Did you realise, for example, that Aldborough churchyard costs Aldborough Church approximately £1,500 a year to maintain? This figure would be considerably higher without some voluntary labour too. This is the reason why most churches, Aldborough included, now keep accounts specifically restricted for churchyard maintenance, so that moneys can be directed for that purpose.

If you would like to assist in physically caring for your local churchyard, please have a word with me or a churchwarden. If you'd like to make a donation to help to pay for its upkeep – maybe in memory of a loved one – please enquire how that gift can be made.

Fr Brian

FROM THE REGISTERS

Baptism	At St Mary's, Erpingham	6th April	Isabelle Horrex
Funerals	At St Lawrence, Ingworth	4th April	Marjorie Spink
	At St Faith's Crematorium	18th March	Florence Sharp (Calthorpe)

ASCENSION DAY
Thursday 1st May
Holy Communion
9.15am at Aldborough Church
7.30pm at Calthorpe Church

VISIT FROM THE BISHOP OF LYNN

We shall welcome the Right Reverend James Langford, Bishop of Lynn, to our benefice on **Friday 9th May**. It will be a chance for him to see something of the life of our six villages and join in with some of the things happening on that day.

On the Sunday following, **11th May (Whitsunday)**, the Bishop will be our celebrant and preacher at a **special Group service, 10.00, at Erpingham Church.**

CORPUS CHRISTI
Day of thanksgiving for the
institution of Holy Communion
Thursday 22nd May 7.30pm at Erpingham Church



Empowering people
 Christian Aid Week 11-17 May 2008
 Please respond generously

CHRISTIAN FELLOWSHIP OUTING

Tuesday 27 May meet outside the Church Room Aldborough at **2.15 pm**.
 We shall be visiting a local garden centre and enjoying tea there.
 For exact details nearer the time, contact Pauline – 768738.

CHILDREN'S SOCIETY BOX OPENING

The total collected was **£264.78**. Many thanks to all.



The **SPRING FESTIVAL** at Aldborough Church was a very happy occasion, a real celebration of the many activities in our village and the skills and talents among our residents, young and old. It brought visitors from near and far (several from Lincolnshire), and old and new friends with time to talk, to ask questions, and just to enjoy the beauty of the masses of spring flowers in the churchyard. Gale force winds the previous night had damaged the marquee so

that it couldn't be used, but nobody appeared to mind the rather cramped 'refreshment room' in the porch – why would they, with such splendid scones and cakes?

Many thanks to all those who helped in so many practical ways, such cheerful co-operation from such a variety of people, including those at Diocesan House and at the Norfolk Record Office. It was not meant to be primarily a fund-raiser, but donations in the jar and at the special service, together with sales of cakes etc totalled over £400 for the new Churchyard Maintenance Fund. (Some things were left behind – coloured plates, biscuit boxes, trays – ring 768063 to claim them.)

ALDBOROUGH GARDEN CLUB

All are welcome to the next meeting, on **Thursday 15th May**, at **7.30** in the Church Room. J. Carrick will talk about **Topiary, a history and introduction**.

ALDBOROUGH & THURGARTON WOMEN'S INSTITUTE

The Meeting on **Wednesday 21st May** will begin with lunch at **12.30** in the Church Room, followed by discussion of the Resolutions with WI Advisor, Mrs C. Armstrong



ALDBOROUGH PARISH COUNCIL

The next meeting will be the Annual General Meeting of the Council on **Monday 12th May** at **7.30** in the CommunityCentre. Everyone is welcome to attend.

At the Annual Parish Meeting our Police Community Support Officer reported 5 recent crimes including 2 cases of criminal damage, 1 assault and 1 burglary. Prince Andrew's Chapel has suffered some damage. In answer to a complaint about the increase in **dog-fouling**, he said he has the power to issue **on-the-spot fines** of up to **£30**. Attention was drawn to the **big green bin** at the Community Centre where anyone can take items that are too big for a domestic green bin, but people were also reminded that surplus recyclable items will be collected if they can be stacked neatly and safely beside the bin. (Overflow of non-recyclable items will not be collected.) **Allotments** are available at £26 per plot.

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BREAKING NEWS

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Aldborough Players Summer Production 2008

The Aldborough Players are preparing to put on their second summer production.
On **Friday 13th** and **Saturday 14th June** they will host a supper evening
with two funny one-act plays by Alan Ayckbourn.

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More details soon.

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ALDBOROUGH COMMUNITY CENTRE

It's that time of year.....AGMs, arms being twisted for people to get involved.... it's the same every year. So, in keeping with tradition, please can we put out a plea for some new faces to help make decisions and offer ideas for the running of the Community Centre. It is healthy to have a change of faces but that's impossible if no one comes forward. Or perhaps you would be willing to be an occasional helper - they're always needed for such jobs as putting out chairs, making coffee, general maintenance tasks.... please give it some thought. To find out more please ring 761310 and risk having your arm twisted!!

Date of AGM Wednesday 14th May 7.30

The bar will be open and there will be light refreshments.

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**ALDBOROUGH VILLAGE FETE AND PICNIC - SUNDAY 29TH JUNE**

The Community Centre Committee is continuing with plans for a great **FUN DAY - pet show, races, tug-of-war, scarecrow competition, tombola, etc. Help is needed for children's races.** There will be stalls: when you are spring cleaning save items for W.I. tombola and Church stall bric-a-brac, old china for a 'smashing' time, books for the Village Care stall. **Stalls will cost £7.50 for locals, £15 for non-residents and businesses.** More information from 01263 768280.

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**G.I.F.T. (GOOD INTENTIONS FUNDRAISING TEAM)**

Raising funds this year for: Aldborough Surgery, North Norfolk Radio "Families First",  
Motor Neurone Disease and The Grand Order of Water Rats

**Saturday 3rd May - Norfolk Night - Auden Theatre, Holt**

An evening of song, dance and comedy. Local group The Castaways have agreed to appear.  
Tickets are now available £5 in advance or £6 on the door. Tel: 01263 768076

**Saturday 17th May - Dinner Dance with cabaret**

**The Links Country Park Hotel, West Runton**

Dress Code optional, choice of menu - Tickets now available £25

**Coffee morning - Aldborough Church Room - every fortnight!!**

**May 8th & 15th 9.30 - 12.00**

Come and enjoy a cup of coffee, meet up with friends, have a chat, call in after the school run.  
Also G.I.F.T. (Good Intentions Fundraising Team) will be having a few stalls, second-hand books, etc  
Free admission

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ALDBOROUGH CHURCH ROOM Bookings should still be made with Ruth Bayes on
01263 768063. Thank you for bringing clean tea towels back!



FRIENDS OF ALDBOROUGH SCHOOL

Thanks to everyone who attended the Spring Fair at the Church Room. It was a busy morning and **£320** was raised for School funds. The next event will be a **Plant Stall** to be held in the School playground on **Wednesday 21st May at 3.15pm**. Please feel free to bring any spare seedlings/plants along to add to the sale.

Date for diaries The **Summer Fair will be on Saturday 5th July** - more details to follow.

ALDBOROUGH VILLAGE HISTORY SOCIETY

We have fixed the **AGM** for **Wednesday 4th June** in the **Church Room** at **7.30pm**.
The speaker will be Caroline Davison, a Conservation Officer with Norfolk County Council.

FROM THE EDITOR'S POSTBAG

To the good people of Aldborough - Many thanks to everyone who has supported my parents (Jean & Bob Wheeler) and me with good wishes, phone calls and cards during my recent illness. I am making remarkable progress! and hope to be back to full fitness very soon. Thank you - your kindness was much appreciated by us all. Jane Wheeler-Brown



AGM

Wednesday 21st May, 7.30 in the Church Room

The business meeting will be followed by a light supper of cheese/biscuits/wine.

SAVE A LIFE!

GIVE BLOOD

**THE BLOODMOBILE will be on Aldborough Green
on Friday 2 May, 1.00-3.10 & 4.30-6.55**

Appointment only. Please call 0845 7 711 711 to make an appointment.

The next visit will be on 22nd August – why wait?

AYLSHAM COUNTRYSIDERS have an exciting new programme of meetings coming up. How do you fancy a fun night of Badminton? Maybe a quiz would suit and even better have a go at bidding for Farm Machinery at a mock Auction - a practice night before the Farm Event Competition! We're all off in the minibus to have a go at Bricklaying and two weeks later we'll be trying our hands at Archery. If you still have energy you need to join us for Rounders on the Green, then a Competitions preparation night with a yummy BBQ. For our last meeting before the summer break we will be getting very wet - ? Kayaking! If this sounds like something that you or someone you know would like to have a go at - come along!

The first two meetings are free! We meet fortnightly on Thursday evenings, 7 to 8.30pm at Aldborough Community Centre. Phone 01603 731307 for more information - do leave a message and we will get back to you, or look at the blue programme in the window at the Centre. We look forward to meeting you! Moira Harrison, Countrysiders Development Officer, Norfolk Young Farmers.

HOW ALDBOROUGH SURGERY PERFORMED IN THE 2008 PATIENT SURVEY AGAINST NATIONAL BENCHMARKS Part 2

Aldborough Surgery undertook their annual patient survey in November and December 2007. They are extremely pleased with the results against the national benchmark and they also show a year on year improvement over the last three years. The Nursing scores were shown last month; the GP scores are shown below.

GP SCORES

	Mean score	GPAQ benchmark
Q2. Satisfaction with receptionists	84	77
Q3a. Satisfaction with opening hours	70	67
Q4b. Satisfaction with availability of particular doctor	62	60
Q5b. Satisfaction with availability of any doctor	74	69
Q7b. Satisfaction with waiting times at practice	58	57
Q8a. Satisfaction with phoning through to practice	76	59
Q8b. Satisfaction with phoning through to doctor for advice	67	61
Q9b. Satisfaction with continuity of care	71	69
Q10a. Satisfaction with doctor's questioning	87	81
Q10b. Satisfaction with how well doctor listens	89	84
Q10c. Satisfaction with how well doctor puts patient at ease	90	84
Q10d. Satisfaction with how much doctor involves patient	88	81
Q10e. Satisfaction with doctor's explanations	88	83
Q10f. Satisfaction with time doctor spends	86	80
Q10g. Satisfaction with doctor's patience	89	84
Q10h. Satisfaction with doctor's caring and concern	89	84
Q11a. Ability to understand problem after visiting doctor	76	69
Q11b. Ability to cope with problem after visiting doctor	71	66
Q11c. Ability to keep healthy after visiting doctor	66	62

On the final page of the questionnaire there is a comments section. Any comments made by patients are added to the final report and are then analysed by the Practice Manager and Dr Wood and where possible are included in the action plan and forward planning for the surgery development.

Many changes have been made to make the visit/telephoning of the surgery more 'friendly', but with patient confidentiality and safety high on the priority list. A few examples of these are:-

- Patients to telephone between 2.00 and 4.00 pm each day to speak directly to a dispenser to order their repeat prescriptions – this was introduced to ensure that the correct items were dispensed, in a few instances the ansaphone messages were not clear which increases the possibility of errors being made. The most preferred way of ordering repeat prescriptions is to place them in the box outside the dispensary using the repeat slip, thus ensuring a quicker, safer, more efficient service.
- Morning 'open' surgery and morning 'booked' surgery to run alongside each other three mornings per week – this was introduced to ensure that patients were able to obtain an appointment much quicker when booking, but were also seen quickly during the 'open' surgery.
- A Water Dispenser has been introduced in the reception area – this we hope will help keep your refreshed during your wait to be seen. Unfortunately due to Health & Safety restrictions and for the safety of the 'smaller people', tea and coffee cannot be made available.

Many other changes have been made with others planned for the future, these will be available through the next Patient Newsletter which should be published during April 2008.

ERPINGHAM with CALTHORPE WOMEN'S INSTITUTE

Meeting on **Wednesday 28th May** at **7.30** in the **Village Hall**.

Speaker: Yvonne Gabell



The Khomas Trust: Educating orphan children of Namibia whose parents have died of AIDS

ERPINGHAM BOWLS CLUB

SUNDAY TOURNAMENTS will start again on **4th May**, weather permitting.

Be there at 1.45 prompt.

ERPINGHAM with CALTHORPE PARISH COUNCIL

Annual Parish Meeting + Annual Meeting of the Council scheduled for **14th May, 7.30** in the **Village Hall**

ERPINGHAM VILLAGE HALL

200 CLUB - recent results **£10**

25-2-08	46	L.M.Sandy	129	M.Alston
3-3-08	99	T.Peacock	50	E.Harden
10-3-08	116	Mr. & Mrs. Hardingham	88	A.Alston
17-3-08	10	L.Brett	70	D.Alston

£5

TABLE TOP SALE

Saturday 17th May

2.00 – 4.00

(setting up from 1.00)

ERPINGHAM VILLAGE HALL

Tables £5 prebooked (£7 on the day if available) Tombola and Village Hall Stall

For contributions to either of these or to book a table please ring 01263 761704

THWAITE COMMON - Update

At a public meeting held in February, local residents were given an update on progress with conservation management at Thwaite Common. The most significant piece of news was the just received independent legal advice, which has made it clear that it is legal for the management committee to fence the common in order to manage it for nature conservation. Residents were shown the map of the proposed fencing and the ample provision being made for continued public access. Temporary fencing should be going up in the next few weeks and as we speak, a grazier is being sought. So, fingers crossed, we should see grazing return to Thwaite Common soon and the site eventually restored to its former glory.

The management committee will only be fencing and grazing the western end of the common; this is for several reasons. Firstly, this is the most wild flower rich part of the site and the area most in need of urgent attention. It has not been possible to cut much of this part of the site, as large areas of it are permanently waterlogged; the cessation of grazing, the impossibility of cutting, has resulted in some areas becoming very overgrown and the value for wildlife on the western section of the common has declined in recent years, with many wild flowers now struggling to survive. Secondly, it is simply too costly to fence the whole of the common and concentrating on the western end allows other areas to remain open and available to right holders to use, should they wish to.

Finally, I have been contacted by local residents concerned about the cutting and removal of tree branches on the common. The motivation for this is not clear, but it is worth mentioning that timber can only be removed by those with a legal right to do so or cutting as part of the conservation management by the management committee.

Helen Baczkowska, Norfolk Wildlife Trust

ALBY with THWAITE PARISH COUNCIL

Date of next meeting: **Wednesday 7th May** (this could be brought forward if there is positive news *re* the bus shelter grant.

INGWORTH PARISH COUNCIL minutes

Following the Chairman's meeting with North Norfolk District Council about **rat infestation**, the Clerk would write to the landowner. On highways matters the Clerk would seek a meeting with Norfolk County Council about **drainage in The Street**; he would also report the **overgrown hedge and damaged street sign in Priory Lane**. Finding a suitable **bottle bank site** was proving an insurmountable problem. The Clerk would continue to correspond with the National Trust about a **toilet provision for the Reading Room**. District Councillors P Moore and P Willcox stressed their concern that the District Council **proposal to use the play area for housing** went against the Council policy to encourage play in North Norfolk.

On **finance** the external audit had been completed and the notice and Return displayed as required. Payments were approved for electricity, the Audit Commission fee, the Clerk's pay and the subscription for the Norfolk Playing Field association.

Footpath safety and clearance issues were raised about which the Clerk would contact Norfolk County Council.

The **next meeting** will be the **Annual Parish Meeting** at **7.30pm on Monday 12th May** in the **Reading Room**, followed by the **Annual Meeting of the Council**.

Local Activities for Young People



If you are looking for details of local activities for young people please remember to check the Norfolk Children's Services **Norfolk Blurb** website: http://www.norfolkblurb.co.uk/thingstodo_search.php

Activities currently listed include ... **1st Aylsham Beaver Scouts** 01263 732328, **222 Broadlands Squadron Air Training Corps** (Wroxham) 01603 427575, **Aldborough Cricket Club** 01263 761666, **Aldborough Youth Club** 01263 761793, **Army Cadet Force** 01362 6656912, **Arrow Roadcraft Motorcycle Training** 01603 754954, **Art Workshop** (Coltishall) 01603 738817, **Aylsham & District Wildlife Society** 01263 732508, **Aylsham Brass Band** 01263 733006, **Aylsham Fun Barns** 01263 734108, **Aylsham Library & Reading Group** 01263 732320, **Aylsham St Giles Cricket Club** 01603 250519, **Aylsham Tennis Club** 07979 093688, **Aylsham Tourist Information Centre** 01263 733903, **Aylsham Town Girls Football Club** 01263 731273, **Aylsham Wanderers Youth Football Club** 01263 733744, **Aylsham Young Parents** 01603 408678, **Aylsham Youth Amateur Boxing Club** 01263 732983, **Aylsham Youth Club** 01692 402498, **Blickling Hall** 01263 738030, **Brownies - 1st Cawston Pack** 01603 502590, **Brownies - 4th North Walsham Pack** 01603 502590, **Bure Valley Railway Volunteering** 01263 733858, **CPAK** (Christian People Are Kool) 01263 768073, **Cawston Scout Group Cubs** 01603 879441, **Eastern Shotokan Karate Association** 01603 418571 / 07860 554235, **Get Walking! Broadland Health Walks** 01603 423377, **Grapevine** (Activities for Year 5 & 6 students) 01263 733270, **Greenfingers Gardening Club** 01263 761620, **Guides - 1st Aylsham Unit** 01603 502590, **Guides 1st Buxton Lamas** 01603 502590, **Horstead Activities Centre** 01603 737215 (Opt 5), **J.A.M. Club** (Christian Youth Group) 01263 733047, **Little Teds** (Baby & Toddler Group – Buxton) 01603 279345, **Macaw Club** (Christian Youth Group) 01263 735397, **Outdoor Bowling** 01263 734834, **Pre-school Music Classes** (Blicking) 01603 504952, **Presto Park Scaletrix Club** 01603 754319, **Scouts - 1st Cawston Scouts** 01603 872690, **Shining Lights Young Performers** 01263 577784, **St John Ambulance Cadets** 01263 733501, **Striker's Tenpin Bowling** 01692 407793, **Sutton School of Dancing** 01263 733162, **The Aylsham Show** 01263 732432, **The Mill School of Gymnastics** 01263 576609, **The Princes Trust** 07917 351097, **Warren House Swimming Pool** 01263 735903.

If you are running an activity for young people which is not listed at

http://www.norfolkblurb.co.uk/thingstodo_search.php

Please add your details by clicking on the 'Add Activity' button on the right hand side of the screen (which opens up a simple data entry screen). **There is no charge for doing this.**

If you want to find out more about Norfolk Blurb (or need a bit more help in adding an activity),

please contact: Sally Finn - Things To Do Admin Assistant, Norfolk Blurb.

e-mail: sally.finn@norfolk.gov.uk Tel: 01362 654054

or

Jonathan Reeve - Out of Hours Learning Administrator, Aylsham High School

e-mail: thefamilyreeve@btinternet.com Tel: 01263-733744

Other Local Activities

If you are looking for details of other activities (which are not necessarily aimed at young people) it is also worth checking the Norfolk Library & Information Services **ICON** (Community Information for Norfolk) website: <http://icon.norfolk.gov.uk/>



AYLESHAM MUSIC presents a lunchtime concert

In **St Michael's Church** at **1.00pm** on **Thursday 15 May**

Baroque Ensemble, Leader Paul Clarke **Vivaldi, Corelli, Handel**

£6, children free Refreshments available for £3 from 12.15

This year's **Sponsored Cycle Ride** will be on

Saturday 13th September, 9.00 – 5.00.

Make a note of the date now, be sure to keep it free for an enjoyable way of raising money to preserve our churches.

(The unenergetic can help by getting sponsorship for 'church-sitting'.)



CAN WE HELP an enterprising young lady from Erpingham **to find a name for her new business of home cleaning services?** The prize will be either a bottle of wine or a luxury box of chocolates, and the competition closing date is 31st May. Call Janice on 01263 761109, e-mail friendlyhomehelp@hotmail.com

ENCOURAGING STATISTICS

The Bishop of Norwich was recently quoted in The Church Times saying "The recent increase in the number of vocations to the ordained ministry is a most welcome and encouraging development. In the theological colleges the number of candidates training for ordination (665) is currently higher than at any point since 1993." Anyone who wishes to explore the possibility of serving in this way should speak initially to the Rector (01263 768073).

THANKS for donations recently received from readers in Alby and Erpingham and from Aldborough & Thurgarton WI.

THE NEXT ISSUE Copy please by Monday **12th May**.

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