

# KEEPING IN TOUCH

## JULY 2007

News from Alby, Aldborough, Calthorpe, Erpingham, Ingworth, Thwaite & Thurgarton

### CHURCH SERVICES

Holy Communion unless marked . M=Matins E=Evensong

<b>JULY</b>	<b>4th Sunday after Trinity 1st</b>	<b>5th Sunday after Trinity 8th</b>	<b>6th Sunday after Trinity 15th</b>	<b>St Mary Magdalene 22nd</b>	<b>8th Sunday after Trinity 29th</b>
ALBY	--	3.30 E	--	--	☞
ALDBOROUGH	8.00	11.00	11.00 Family Service	11.00	☞
CALTHORPE	--	9.30	--	9.30	☞
ERPINGHAM	9.30	8.00	9.30	8.00	☞
INGWORTH	11.15 M	9.30	11.15 M	6.30 E	☞
THWAITE	11.15	--	6.30 Deanery Evensong	9.30 M	☞
THURGARTON	--	--	--	--	10.00 Group Eucharist

### WEEKDAY SERVICES

Wednesdays 9.15 at Ingworth (25th St James)  
Thursdays 7.30pm at Calthorpe (5th HC, 12th Benediction)  
at Erpingham (19th HC, 26th Benediction)  
Fridays 13th 9.15 at Aldborough  
27th 9.30 at Alby

Parish Priest: Fr Brian Faulkner, The Rectory, School Road, Erpingham. 01263 768073  
e-mail: brian-faulkner@lineone.net

## **FROM THE RECTOR**

When strangers meet we often begin our conversation with remarks about the weather. A warm April, a wet May, and a June which to date is far from summer: a climate where we never know what to expect, and are therefore sometimes disappointed if we are involved in an outdoor activity that requires good weather.

This rhythm of change and chance is as old as the hills, yet in today's climate, where human action increasingly affects our world for good or ill, it's unlikely to be the only factor.

Climate changes as a result of what we produce and how we produce it. Decisions about travel, about the food we eat and a great deal more - such issues root our political, economic and spiritual discussions in the real world.

All things considered, the weather demands our attention as never before.



Fr Brian

## **FROM THE REGISTERS**

### **Holy matrimony**

At St Mary's Aldborough      2nd June      Jon Winnett & Hayley Birch

### **DEANERY EVENSONG**

**Sunday 15th July,  
6.30 at Thwaite Church**

A sung service, led by singers from churches throughout the Deanery

### **GROUP SERVICE**

**Sunday 29th July,  
10.00 at Thurgarton**

This will be the only service in this group of parishes on that day

A good opportunity to worship together

### **CPAK diary date**

The annual CPAK **Barbecue** will be held at the **Rectory** on  
**Thursday evening, 13th September.**

Open to **11 - 15yr olds** who went to the Horstead Centre in February  
(or who would have liked to have gone!)

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**Find out more about Horstead!**

### **HOLIDAY FUN DAY**

**SUNDAY 1st JULY, 2.30 - 6.00, at THE HORSTEAD CENTRE**

Something for everyone with a focus on 5 -11s, for the active and the not so active,  
for children, for families, for leaders, for mums and dads

**Bring a picnic!**

Lively worship at 5.30 led by Kevin Baldwin of the CROWNS Trust and the Holy Trinity Youth Band.

**Last year over 250 shared a wonderful day in bright sunshine  
and at 6.00pm came the cry...."I don't want to go home - I haven't done everything"**

**Get your tickets now - just £3/person (under 5s free)**

contact: [triciaelson@norwich.anglican.org](mailto:triciaelson@norwich.anglican.org)

01603 266316

### **CHRISTIAN FELLOWSHIP**

Tuesday **24 JULY** at **2.30** in the Church Room, Aldborough

#### **'HOPE FOR LATVIA'**

Early this year the EDP ran two big features on this Christian Charity, which aims to help to improve the dire conditions in which many Latvians find themselves living. 'Hope for Latvia' challenged the people of Norfolk to support their work, saying that if every person in Norfolk gave just £1, great things could be achieved. Here is a chance to come and find out about their projects and offer a donation - contributions of any amount would be most welcome.

This is our group meeting, when friends from Aylsham, Reepham and Edgefield join us, as well as the Ladies Own from Prince Andrew's Chapel, and anyone else who wants a stimulating afternoon, with excellent refreshments!

## **'READ MY LIPS!'**

### **Making sense of the Bible**

on Saturday 19th May, with the Archbishop of Canterbury at Lambeth Palace

After levering ourselves out of bed at an unspeakable hour, we all trickled on to the bus at various pickup points and made our way down to London. Although perhaps unable to appreciate it at the time, the three hour drive that so many groups missed out on provided us with the ideal opportunity to bond as a group (thanks to Sara's ingenious icebreakers) and, of course, the all important band practice.

Upon arrival we were ushered through an austere gateway and up a grand flight of stairs into a room that can only be described as 'national-trust-like'. Here we set about meeting the other young people by a skilfully devised game whereby, to make a row, we had to query everyone we bumped into as to whether they owned a horse ("I've got llamas if that counts") and how tall they were ("you realise that's about the tenth time I've been asked").

The conference proper began with a short service in the crypt chapel, followed with a talk from the Archbishop on the Bible. This mostly focused on what it tells us, how we might approach it and the importance of the Old Testament. After this we were free to find a quiet spot (I chose the east gardens) to reflect and pray, rudely interrupted by the chiming of Big Ben. This signalled the start of an adventure to find our group discussion rooms; a kind porter had to show me to mine after several minutes of hunting. Here we shared our thoughts and ideas

on our favourite parts of the Bible (almost unanimously the Psalms) and its use in church (less should be read out, in favour of new technologies such as DVDs).

Group photographs in the garden were followed by a delicious lunch, cut short for our second and final musical rehearsal, before regrouping in the chapel for feedback and a second talk on the New Testament. Following this we went off for another half hour to muse about how our lives might have been changed had we had experiences similar to Bible characters such as King David. A final meet in discussion groups led to the production of a mind map and heated debate over semi-religious texts such as 'The Lion, the Witch and the Wardrobe'.

We were then permitted to pose our burning questions to the Archbishop as we congregated once again in the chapel: why does God's personality appear to change between the two Testaments? ("it doesn't, it's just our perceptions of Him that do") and how should we approach Revelations? ("as a dream").

To conclude the day we had a short Eucharist, with the music running surprisingly smoothly and all of the Norwich contingent being commended on our efforts.

All in all, the day provided a welcome pause in our stressful and exam-focused lives in which to stop and reflect. Thanks to all who helped to organise it!

Beth Mumford

### **CHRISTIAN AID WEEK – results of house-to-house collection**

Alby	<b>£87.98</b>	Calthorpe	<b>£54.77</b>	Ingworth	<b>£113.17</b>
Aldborough	<b>£721.78</b>	Erpingham	<b>£323.35</b>	Thwaite	<b>£49.08</b>

**The total raised from this benefice was £1,350.13**

**Thank you for your generosity**

## **Holiday Club**

*Watch out for posters giving details of the*

*free "Holiday Club" to be held at  
Prince Andrew's Chapel in Aldborough  
(behind the Black Boys PH).*

*Any children aged Reception (6) to Yr6 (11) are welcome to come along  
Monday-Friday 6<sup>th</sup> – 10<sup>th</sup> August – 09:50 am – Noon*

*For further details call Martin or Ruth on 761468*

**OPEN GARDEN**  
at **THURGARTON LODGE**  
in aid of the **British Red Cross**  
on **Sunday 1st July, 2.00 - 5.00**  
Admission **£3 for adults**, under 16s free.  
Two acres of country garden  
(and Aldborough Allotments!).  
Strawberries & cream and Pimms,  
accompanied by the Sam Smith Singers.

**'CASTAWAYS'**  
at **ALBY HORSESHOES!**  
A local group who fundraise for charity  
will be performing on  
**Saturday 7th July at 8.00pm.**  
Their repertoire includes shanties, folk, Irish,  
country, 50s & 60s sing-along, etc.  
*Everybody welcome*

### **ALDBOROUGH GARDEN CLUB**

All are welcome to the next meeting, on **Thursday 19th July**, at **7.30** in the **Church Room**.  
The *Fuchsia competition* will be judged, followed by a *Garden Quiz*.

### **ALDBOROUGH FLOWER SHOW**

**Saturday 21st July in the Community Centre**  
Schedules are now available from the Spar or the Post Office.  
**Entries must be received between 8.30 and 11.00 prompt.**  
**The show will open to the public at 2.00.**  
Admission 50p – children under 10 free.  
Garden Club Plant stall outside  
Raffle and refreshments available from 2.00  
Enquiries to David Waine, 01263 577666, or Christine Carlson, 01263 761715.

### **ALDBOROUGH & THURGARTON WOMEN'S INSTITUTE**

The meeting on **Wednesday 18th July** will be a **garden meeting**:  
ask a committee member for information.

**THE ALDBOROUGH PLAYERS**  
proudly present their summer production  
**AN EVENING WITH NOEL COWARD**  
A performance of two one-act plays: 'Fumed Oak' and 'Red Peppers'  
at Aldborough Community Centre  
**Friday 6th July, Saturday 7th July**  
Tickets £5.00 (OAPs and students £2.50) available from the Spar and Post Office  
**Performances start at 7.30pm**

### **ALDBOROUGH COMMUNITY CENTRE**

At the first meeting of the new committee the following officers were elected:  
*Chairman* - Tony Baillie. *Vice-Chairman* - Jean Wheeler. *Treasurer* - Val Barnes.  
*Secretary* - Sue Metcalf.

The new *Bookings Secretary* is Jean Wheeler who can be contacted on 768280.  
Thanks to a grant from North Norfolk District Council the snooker table has been re-clothed so is now in tip-top condition. We are planning to stage a tournament in the not too distant future so how about getting in some practice? Ring 761310 if interested in competing.

Saturday 4th August - Enjoy an Indian Meal and illustrated talk by Keith Good, following his recent visit to this colourful country. Tickets will be on sale in local shops in July or ring 761310.

## **ALDBOROUGH PARISH COUNCIL**

Next meeting on **Monday 9th July** at **7.30** in the Community Centre.

A selection from the minutes of the meeting on 30th May (Editor's choice):-

- With the co-option of John Padgham there is now a complete Council.
- Martin Elliott was elected Chairman with Heather Tamplin as vice-Chair.
- ME will also take responsibility for footpaths and for Health & Safety. HT is responsible for the recycling banks and the allotments. Tony Baillie will continue with Village Care and the Community Centre. Brian Metcalf will continue to be concerned with planning and John Hammond will be responsible for grants and funding.
- The Clerk has obtained maps showing the settlement boundaries between Aldborough & Thurgarton – to be confirmed with NNDC.
- Jack Rogers reported that the road surface in Tinkers Close is in a poor state, as is the footpath between the Black Boys and Spring House. Clerk to contact Highways.
- JR also reported a request from teenagers re the possibility of a Youth Club. He has spoken to Community Youth Services, will obtain more information and invite them to attend a future meeting.
- JR has 2 volunteers willing to train to operate community speed cameras – information to be passed to the Clerk. Norman Lamb MP is concerned that the request for a 20mph limit round the Green has not been considered.
- The next phase of public consultation for the Local Development Framework is now in progress – until midday Monday 30th July. (This is for the Core Strategy, not to identify specific sites. \*\*)
- It was suggested that the Parish Council organise a trip to the Eco Centre in Swaffham as part of its investigation into renewable energy. Community Bus? Late August? or Autumn half-term? Those interested should contact Martin Elliott 761468.

\*\*A copy of the Core Strategy submission document can be obtained from the Council Offices, can be viewed at libraries, viewed, downloaded and comments submitted on [www.northnorfolk.org/ldf](http://www.northnorfolk.org/ldf). The *submission document representation form* can also be obtained from Council offices.

## **ALDBOROUGH SURGERY RE: PRESCRIPTIONS**

We have experienced some problems with regard to repeat prescriptions and collection of dispensed medication. Accordingly, the existing policy has been changed. The changes listed below will take effect from 18 June 2007:

- We must insist on 48 hours notice for repeat prescriptions. (As stated in the Practice Leaflet and on the Dispensary door.) This does not include weekends or bank holidays.
- Prescriptions for newly registered patients will not be issued without a new patient check having taken place and a current repeat medication slip from the previous surgery or an accurate record of past medication. (As stated in the Practice Leaflet, patients cannot be considered as registered with the practice unless they have had a new patient check with the Practice Nurse.)
- Repeat prescriptions will no longer be forwarded to the chemist of the patient's choice. Instead, they will be sent to the patient's home address. The reason for this is that a number of signed prescriptions have gone missing, ie., not arrived at the chemist concerned. Patients will be required to provide stamped addressed envelopes for this purpose; if they do not wish to do so they are requested to collect the prescription directly from the surgery.
- The answerphone will not be available to take messages outside surgery hours. It is requested that repeat prescription telephone calls are made between 2.00pm and 4.00pm daily when a designated member of staff will deal with the request personally. General queries will be answered at other times. This is because of the risk of mistakes being made as a result of recorded messages, eg., indistinctly pronounced drug names.
- If a patient is requested to attend a medication review by the Doctor and has not attended surgery for review within a three month period, it will be within the rights of the surgery to withhold the dispensing of medication until a review has been attended either with a Doctor or a Nurse.

These measures have been introduced to ensure that the dispensing of repeat medications is as free of risk as possible, for all concerned. Thank you for your continued support. Dr Philip Wood

**VILLAGE CARE** – a reminder of the number to ring to get a '**Helping Hand**': **07 900 061 243**

## AYLSHAM COUNTRYSIDERS

(meeting in Aldborough Community Centre)

### THURSDAY 5th JULY

Bring your uncooked bacon, eggs etc.  
We're going to be cooking (and eating!)  
Don't forget the sauce!

Bring what you need for Rally prep too...

### SUNDAY 15th JULY THE RALLY!

### THURSDAY 19th JULY

Club's treat night - no charge!..  
**BEACH, CHIPS & CHILL OUT NIGHT!!**  
Minibus leaves at 6.15 back about 9pm

## ERPINGHAM and CALTHORPE VILLAGE HALL

The next committee meeting will be on **Tuesday 3rd July** at **7.30pm**. Everyone is welcome.

### **200 Club** - recent results

	<b>£10</b>	<b>£5</b>
23-4-07	117 Jon Payne	16 M.Gotts
30-4-07	99 T.Peacock	117 J.Compston
7-5-07	33 M.Argent	149 A.Wood
14-5-07	32 M.Melville	141 J.Chapman

## ERPINGHAM and CALTHORPE OPEN GARDENS

**Saturday 14th July 1pm to 5pm**

Adults £3 (accompanied children free)

Tickets from the Village Hall in Erpingham

**AFTERNOON TEAS at the Hall** as well as a produce stall and a tombola

There will be a **free shuttle service** between the two villages,  
and a '**Spot the Martlet**' competition for the children!

**Contributions to the produce stall (garden produce, cookery, etc) and the tombola** would be gratefully received. If you can help and would like to have anything collected, please ring Helen on 01263 768209 or see Daphne. Many thanks in anticipation.

## ERPINGHAM with CALTHORPE Annual Parish Meeting in May

- In his report, Chairman David Clayton referred to on-going work to secure a site for a village sign and a bus shelter. The 'welcome' booklet had been completed and delivered and there was a new noticeboard at the Spread Eagle. The Council had received 285 letters and sent out 89, and had reviewed 21 planning applications.
- PC Dave Hack introduced himself as the 'village' constable; he expected to be in post for 2 years with a Support Officer expected to be appointed in July. In a discussion on speeding he indicated that a future scheme would allow villagers to be trained and equipped to monitor speed, enabling warning letters to be sent to those exceeding the limits.
- Redecoration was in progress at the Village Hall: £880 had been spent. Risk assessment and health and safety evaluations were outstanding work. 70 people had attended the John Snape talk and the next fundraiser would be the Open Gardens day on 14th July.
- Fr Brian talked about a questionnaire on religion circulated jointly with the Baptist Church: students would collect them and evaluate the results. Erpingham Church is to launch a £50,000 appeal to repair drains and gutters.
- Deborah Leahy, for Erpingham VC Primary School talked of the Heartstart programme, linked to East Anglian Ambulance Service to develop in-school teaching for children with trained adult volunteers able to use a defibrillator in an emergency. The appeal target was about £1000 and training would take a volunteer one day.

**ERPINGHAM with CALTHORPE PARISH COUNCIL** – items from the minutes of the 1st meeting of the new Parish Council in May.

- Mr Clayton was unanimously elected Chairman, and P. Sandy similarly elected Vice-Chairman. P. Wright would represent the Council on the Village Hall Management Committee and P. Sandy at the Griffon Partnership.
- Griffon had awarded the Council £200 towards the charge required by NNDC for a land deed variation. The budget for 2007 – 08 had been circulated and was approved. The Clerk was re-appointed Responsible Financial Officer, and Mr K. Benford was re-appointed as Internal auditor.
- The Clerk was asked to request N.C.C. to cut the verges on Aldborough Road and the hedges outside 4 Jubilee Close and 1 Eagle Close, and to contact Highways about a dip in the road outside Hawthorn Cottage, The Street.
- There would be a Family Fun Day on 17th June.

The next ordinary meeting will be on **Wednesday 11th July**.

**ERPINGHAM with CALTHORPE WOMEN'S INSTITUTE**

On **Wednesday 25th July** there will be a Garden Meeting – contact a committee member to find out whose garden!



**HEDGEHOG RESCUE OPEN DAY**

**Saturday 14th July**

**at Arcturus, Erpingham, 10.00 - 4.00**

(Admission free with ample car parking at farm opposite)

The hedgehog hospital will be open and we would like you to come and see the work we do.

We will be having all our usual stalls Tombola, bric-à-brac, plant & book stalls with refreshments, fresh filled rolls, cakes, etc.

If you have anything that we can sell it would be appreciated. Thank you!

**FORTIES FAIR**

**Saturday 30th June,**

**1.00 – 4.30**

**in Erpingham Church and churchyard**

***(for funds of Erpingham and Calthorpe Churches)***

**1940s Fancy Dress – for all ages, optional**

<b>RAF Oulton Display Maps</b>	<b>Local photographs &amp; memorabilia</b>		
<b>Ploughman's lunches</b>	<b>Teas</b>	<b>Games</b>	<b>Variety stalls</b>
<b>Tombola</b>	<b>Craft stalls</b>		

**Vintage Classic Vehicles Carriage Club Display**

***Live musical entertainment of the period***

**Entrance fee £2 - children free**

**Free parking**

*Erpingham School has been awarded a Breathing Places grant from the Big Lottery Fund, to extend its grounds to provide further opportunities to learn from and about our Environment.*

The School is already widely known for being one of the first Forest Schools in Norfolk, and for its commitment to Outdoor learning. The 23 pupils regularly learn key social and academic skills through exploration of the natural world.

The Grant, for an amazing £9,887, will be spent on further developing the schools incredible woodland and pond area. This includes boardwalk area, outdoor classroom, bird hides, bird boxes with webcams as well as all the necessary equipment needed to enable children to explore the environment respectfully and sensitively.

Louise Ambrose, Early years Teacher and Forest Schools Leader stated, “The school site is already used by other schools and the local community on occasions. This grant will enable us to enhance our grounds and so build on these links.”

Erpingham Primary School has a shared philosophy that encourages learning through practical experiences. Visits by parents, other adults and interested schools are very welcome - anyone wishing to visit the school, please phone the school office on 01263 761365.

### **THWAITE COMMON**

This is the first year that the deterioration of the common has been so marked. The growth of coarser species has steadily accelerated since grazing ceased in 2001. Now, sad to say, it has obliterated many more fragile species of flower which need space and light to survive. The profusion of orchids regularly enjoyed in the past are now very sparse, and walkers will find it impossible to penetrate the jungle of growth which hides footpaths and bog alike, causing a hazard as well as an eyesore.

This is a terrible loss. Will we ever see that wonderful carpet of flowers again? Are we really going to sit back and let this special place be destroyed?

Just to remind you that your representatives on the Common Management Committee are:

County Councillor: Peter Moore - 01692 402966 [peter.moore@norfolk.gov.uk](mailto:peter.moore@norfolk.gov.uk)

District Councillor: Peter Willcox - 01263 761208 [Peter.Willcox@north-norfolk.gov.uk](mailto:Peter.Willcox@north-norfolk.gov.uk) or [buffy.wllx@virgin.net](mailto:buffy.wllx@virgin.net)

AM

### **INGWORTH ANNUAL PARISH MEETING in May.** Items from the minutes

- In his report Chairman Tony Chambers talked about the Parish Council’s year including the satisfactory outcome to the realignment of the Green. Road sign alterations had been arranged and Environment Agency work chased up although drainage off the Street was still a concern. The administration and finances of the Social Club had been passed to the Parish Council.
- For the Parochial Church Council, David White reported a good financial position in spite of large outgoings. The carol service collection went to the Norwich night shelter, Harvest service collection to War on Want, and the Church had supported St George’s, Baghdad. Clearance work had been done in the churchyard. The church is open daily.
- For Norfolk Police PC David Hack introduced himself as the ‘village’ PC. In a discussion about speeding, he referred to a future scheme to allow villagers to be trained to monitor speed, with following warning letters to those who exceeded the limits.

**INGWORTH PARISH COUNCIL** Items from the minutes of the 1st meeting of the new Parish Council in May.

- Ros Calvert was unanimously elected Chairman.
- T. Chambers and J. Steed were co-opted as additional Councillors, and then T. Chambers was elected Vice-Chairman, with all in favour.
- The accounts for 2006-07 were adopted and the budget for 2007-08 was approved. The Clerk was re-appointed as Responsible Financial Officer and RF Northey was re-appointed as Internal Auditor.
- Cheques signed included subscriptions, insurance, the Clerk's services and a donation to Ingworth PCC.
- The Environmental Agency, with responsibility for the River Bure, has advised that the river would be checked annually.
- The National Trust will survey the chimney at the Reading Room and take any remedial action.
- NNDC are monitoring the situation over caravans near Priory Lane.
- There is local concern about the increasing rat population especially in Banningham Road. The Clerk to write to local farmer and NNDC Environmental Health Department.
- NNDC is considering Ingworth as an 'Affordable housing' location.
- The next meeting will be on 3rd September.

### **G.I.F.T**

**(Good Intentions Fundraising Team)**

- **Hog Roast** Sunday 15th July at Chestnut Cottage, Briston, 12.30 for 1.00. Tickets £10, phone Chris on 07879048811.
- **Water Rat Variety Show** Sunday 23rd September at The Auden Theatre, Holt. Further information and tickets from Yvonne, 01263 768076

**AYLSHAM MUSIC** presents

**the Good Time Jazz Band - JUST JAZZ -**

**at the Fun Barns, Cawston Road, Aylsham, on Saturday 7 July, at 7.30 and**

**Lunchtime concert and workshop for singers**

**at St Michael's Church, Aylsham,**

**on Thursday 19th July, 1.00.**

**Entrance £6, children free. Refreshments from 12.15**

**HELP NEEDED!** Is there anyone in **Calthorpe** who could help with the delivery of 'Keeping in Touch' in that village each month? Easily combined with dog-walking, pram-pushing, cycling or just plain walking! As it is dated material it is important that it is delivered promptly, and copies are available in each village before the last Sunday of the preceding month. If you can help, please ring Graham Gladden, 768047. Lots of volunteers would mean less for each person to do!

**APOLOGIES** There was a strange back page last month as the printers decided to use an old 'saved' version! New and old advertisers were affected, as were those who were trying to contact what appeared to be a new service. Apologies for the time and phonecalls wasted. The printers have now agreed that they will not save old copy!

**THE NEXT ISSUE** Copy for the August edition by **Monday 16th July** please. If you use paper, please write on one side only and put all names in capital letters. If you use e mail, please send as an attachment. (This is the preferred method.)

Editor: Ruth Bayes, Chesterfield House, The Green, Aldborough, Norwich NR11 7AA. 01263 768063.

**Please note new email address: [rmbayes@tiscali.co.uk](mailto:rmbayes@tiscali.co.uk)**