

KEEPING IN TOUCH

JUNE 2007

News from Alby, Aldborough, Calthorpe, Erpingham, Ingworth, Thwaite & Thurgarton

CHURCH SERVICES

Holy Communion unless marked M=Matins E=Evensong

JUNE	Trinity Sunday 3rd	Trinity 1 10th	Trinity 2 17th	Birth of St John Baptist 24th
ALBY	--	6.30 E	--	--
ALDBOROUGH	8.00	11.00	11.00 Family Service	11.00
CALTHORPE	--	9.30	--	9.30
ERPINGHAM	9.30	8.00	9.30	8.00
INGWORTH	11.15 M	9.30	11.15 M	6.30 E
THWAITE	11.15	--	6.30 E	9.30 M

WEEKDAY SERVICES

Wednesdays 9.15 at Ingworth

Thursday 7th 7.30pm at Calthorpe (Corpus Christi)

Thursday 12th 7.30 at Erpingham Diocesan Guild of Servers – Guild Office and Benediction

Friday 15th 9.15 at Aldborough

Friday 22nd 9.30 at Alby

FROM THE RECTOR

It's good to know what people think, especially in areas that most people keep to themselves.

That's why a recent spirituality survey in Erpingham and Calthorpe is to be welcomed. Every household was sent a questionnaire, to be filled in anonymously, relating to religious belief and practice, spiritual affiliation and concern.

This initiative has resulted in the close co-operation of the two village parish churches with Aylsham Baptist Church. Seven Baptist Bible College students were recently welcomed to the Sung Mass at Erpingham at the start of a special week. Those students were the friendly faces who knocked on each door of the parish to collect the completed questionnaires, and returned later in the week with a summary of the collated returns.

Could such a survey have relevance in other places? I believe it could.

Fr Brian



FROM THE REGISTERS

Holy Baptism

At St Mary's Erpingham 6th May Jack Payne

CONFIRMATION

at **Norwich Cathedral** on **Thursday 21st June** at **7.00pm**

Candidates from this benefice will be presented. **Everyone is welcome to attend.**

CHRISTIAN FELLOWSHIP

Tuesday 26 June Members will meet at **2.15 pm outside the Church Room Aldborough** for
A MEETING AT THE RECTORY

Same transport arrangements, as far as possible, as in May. Ring Pauline (768738) if different or extra arrangements needed. Brian and Eleanor will tell us something of their prospective visit to Africa, especially about the St Francis Hospital where Eleanor used to work and which they will be visiting.

CHURCH OFFICERS appointed at the 2007 Annual meetings

(All addresses have Norwich before the postcode. All phone numbers begin 01263)

Alby

Churchwarden	Mrs M. Green, Chez nous, Thurgarton Road, Aldborough, NR11 7NY	761480
Treasurer	Mrs P Postle, West End Farm, Ingworth, NR11 6PH	734156
Secretary	Mrs M Green, Chez nous, Thurgarton Rd, Aldborough, NR11 7NY	761480

Aldborough

Churchwarden	Mr D. Waine, Church Cottage, Thurgarton, NR11 7HT	577666
Churchwarden & Treasurer	Mrs A. Bettany, Greenacre, The Green, NR11 7NR	768681
Secretary	Mr R. Hayton, Meadow View, Highs Loke, The Green, Aldborough NR11 7AA	768059

Calthorpe

Churchwarden & Treasurer	Mr J. Self, 4 Layers Close, Aylsham, NR11 6BL	
Churchwarden	Mrs G. Self (as above)	
Secretary	Miss J. Lewis, The Cottage, School Road, Erpingham, NR11 7QV	761515

Erpingham

Churchwarden	Mr S. Burrell, Paigles, The Street, Erpingham, NR11 7QB	768209
Churchwarden	Mr J. Turner, Home Farm House, Middle Hill, Alby, NR11 7PN	768066
Treasurer	Mrs J. Duffield, Casa Mia, Blacksmith Lane, Erpingham, NR11 7QF	761356
Secretary	Miss J. Lewis, The Cottage, School Road, Erpingham, NR11 7QV	761515

Ingworth

Churchwarden	Mr D. White, Gulgate House, Priory Lane, Ingworth, NR11 6PG	733396
Treasurer	Mrs P. Watt, Ingworth Lodge, The Street, Ingworth, NR11 6PD	732690
Secretary	Mr I. Andrews, 2 Victoria Terrace, The Meadows, Aylsham, NR11 6HP	732780

Thwaite

Churchwarden & Secretary	Mrs L.Hennessey, Rose Cottage, Low Common, Alby, NR11 7HQ	768023
Churchwarden & Treasurer	Mr J. Buchan, White House, Alby, NR11 7PN	768916

ERPINGHAM CHURCH
D & G (drains and gutters) APPEAL

We need your help. The drains and gutters of Erpingham Church need a complete overhaul, otherwise major structural damage to this Grade 1 listed building is likely to occur. Approved work is likely to cost in excess of £50,000. Erpingham Parochial Church Council has applied for grant aid but needs to show that local people are prepared to support this major appeal.

A **Friends of Erpingham Church d & g appeal** is soon to be launched. For details and donation forms please contact Fr Brian Faulkner, The Rectory, School Road, Erpingham, Norwich NR11 7QX.

FORTIES FAIR
Saturday 30th June, in and around Erpingham Church
(for funds of Erpingham and Calthorpe Churches)

Following the very successful Medieval Fair last year, we have been putting together plans for a **1940s fair**, arranged in a similar way.

But . . . we need your help, even if you were not born then!

We would like to hear from anyone who has photographs of the villages and villagers of the time or memorabilia that we can display. **Could you lend** any souvenirs of evacuees, Dads' Army, the Land Army, victory celebrations? We have memories and maps of RAF Oulton to show. Are there any models of wartime military vehicles, aircraft, ships?

We are already planning live music of the period, vintage cars and horse-drawn carriages, and a victory party. Church bells were silent during the war but were rung throughout the land to mark its end, so we will arrange a short victory ring. Catering will be homely - possibly including Spam sandwiches? There will be the usual stalls. **Can you help?**

Most of all we would like as many people to be there and, if possible, to dress the part..

Contact David Davison, 01263 761560, or Alan Witham, 01263 761156.

News from Erpingham School



Months of hard work and planning came to a wonderful end on 30th April, as Erpingham Primary School presented its school DVD and Website to parents and the local community.

Key Stage 2 children explained their contribution to the DVD as the visitors enjoyed refreshments and tours of the school.

The idea to make a school DVD came from parent and Governor, Mr Brian Morris, who works in the media industry. Mr Morris, along with Miss Deborah Leahy (Headteacher and part-time teacher of Class 2), planned a 4 week Literacy Unit of work on Media Studies to ensure that the children got the most out of the project, and were fully involved in it.

"We worked in 5 groups," explained Craig Goodrum, Year 5 pupil, "and each group chose a different part of the school we would like to tell people about. My group did sports and clubs."

As well as informing people about the facilities the school offers its pupils, the DVD is also a chance for the children to promote its company, GREENS!, the children's commercial garden, run solely by the pupils. The Managing Director of GREENS!, Mr Jake Morris, year 3, was interviewed on the DVD and detailed how the business works and how children learn through running their own company, "We learn about spreadsheets and how much to charge for something, so we can make a profit," Jake explained, "Also, we have to know when to plant the fruit and veg so that they will be ready to sell."

The afternoon saw the launch of the new school website www.erpinghamprimaryschool.co.uk. This is a facility that the children can use to display their work, inform parents of events and promote their company GREENS! even more.

At the end of the afternoon the children and staff said a huge 'Thank you' to Mr Morris and his wife, Juliette, who had both worked so hard on both projects, giving hours and hours of their time. As they left, visitors were given a free copy of the DVD to share with family and friends.

Anyone who would like a copy of the DVD or further information on Erpingham Primary School, can contact Alison at the school – 01263 761365 or office@erpingham.norfolk.sch.uk

ERPINGHAM and CALTHORPE VILLAGE HALL

The next committee meeting is on **Tuesday 3rd July at 7.30pm**. Everyone is welcome.
The re-painting is coming on well!

ERPINGHAM and CALTHORPE OPEN GARDENS

Saturday 14th July 1pm to 5pm

Adults £3 (accompanied children free)

Tickets from the Village Hall in Erpingham

AFTERNOON TEAS at the Hall as well as a produce stall and a tombola

There will be a **free shuttle service** between the two villages,
and a '**Spot the Martlet**' competition for the children!



ERPINGHAM with CALTHORPE WOMEN'S INSTITUTE

Meeting in the Village Hall on **Wednesday 27th June at 7.30**

Speaker: Mrs H. Morton – Physiotherapy, with illustrative cases.

ERPINGHAM with CALTHORPE PARISH COUNCIL

The next ordinary meeting will be on **11th July**.

CHURCH FETE

**in aid of Thwaite All Saints
Saturday, June 16, 2pm-4pm
at The White House, Alby**

Home-made cream teas--Strawberries and cream

Plant stall--Children's book stall--Bric-a-brac

Horse-and-cart rides--Bouncy Castle--Swimming (Children only, Parents supervising)

Guess the weight of the pig

Games

ALDBOROUGH GARDEN CLUB

All are welcome to the next meeting, on **Thursday 21st June**, when an **outing** has been arranged, to **Chestnut Farm, West Beckham**.

Meet at **6.45 outside the Church Room**. Lifts will be available.

At the meeting on **19th July** the Fuchsia competition will be judged and there will be a Garden Quiz.

ALDBOROUGH FLOWER SHOW

Saturday 21st July in the Community Centre

Schedules are now available from the Spar or the Post Office.

Enquiries to David Waine, 01263 577666, or Christine Carlson, 01263 761715.



ALDBOROUGH & THURGARTON WOMEN'S INSTITUTE

Meeting on **Wednesday 20th June at 2.30** in the Church Room.

Speaker: Mrs M. Waite – **Denman College**

GET ACTIVE ON A FRIDAY !

The **mobile gym** is in **Aldborough** every **Friday** morning next to the village sign on the Green from **10.00-3.00**. We are just closed for lunch between 12.30-1.00. At the moment the gym is not being well used so we need more people to come along and see us to find out how they can become more active.

We have two fully qualified gym instructors on the gym all day: they can advise you on the correct exercises for you to achieve your goal, be it fitness, weight loss, strength, toning or just to socialize with everyone who is there. We have a very friendly atmosphere on the gym and you are guaranteed to enjoy your sessions with us.

We also have a **Tai Chi** class which takes place in the Church Room, **10.15-11.00**, with John he always welcomes new customers to his class which is also very enjoyable.

Come along and see what we have to offer - you will be surprised!

For more details please contact Wyn Nurse, Active England Co-ordinator, Council Offices, Holt Road, Cromer, NR 27 9EN. 01263 516305 or 07795 265671. Fax 01263 515042

wyn.nurse@north-norfolk.gov.uk

THE ALDBOROUGH PLAYERS

proudly present their summer production

AN EVENING WITH NOEL COWARD

A performance of two one-act plays: 'Fumed Oak' and 'Red Peppers'

at Aldborough Community Centre

Friday 6th July, Saturday 7th July

Tickets £5.00 (OAPs and students £2.50) available from the Spar and Post Office

Performances start at **7.30pm**

JELLYS PARENT & TODDLER GROUP

If you are a parent/carer of a baby or toddler and are in need of a good cup of coffee and a chat for you and a play and activity for them, please come to Jellys on Friday mornings at Aldborough Community Centre. We are a very friendly group with a varied craft activities and toys to match all ages. If you would like to come and see what it's all about, please pop in on any Friday morning (not school holidays) and give us a try.

Also,

We are currently looking for activity toys for 0 -18months, musical toys and ride-on toys. If anyone has any no longer required we would be very grateful for them.

OPEN GARDEN in THURGARTON

The garden at **Thurgarton Lodge** will be open in aid of the **British Red Cross** on **Sunday 1st July, 2.00 – 5.00** (by kind permission of Robin and Frances Gilkes). Admission £3 for adults, under 16s free. Two acres of country garden set around the 18th century house that was once Thurgarton Rectory (before the one in Harmers Lane). Strawberries and cream and Pimms will be available on the day, accompanied by music from the Sam Smith Singers.

ALDBOROUGH COMMUNITY CENTRE

Unfortunately the **Indian Meal and slide show** had to be postponed due to a clash of dates but it will be held. At the time of going to press the new date is not yet fixed, so once again, please look out for posters.

Future date for diaries : **Saturday 20th October** the popular **RACE NIGHT** will be held.

Editor's selection of items from ALDBOROUGH & THURGARTON ANNUAL PARISH MEETING

There were 39 adults present and 3 young representatives of Aldborough Primary School, who presented the School report:

The sports clubs include rugby, orienteering, cross-country and football. The football club represented Norfolk in a tournament in Greenwich. They finished at the top of the league and go through to the National Finals at Keele University on 16th June. The Schools Eco-warriors are fundraising for a pond, with the help of Mrs A Harrap. They held a mini beast evening with stalls and games and raised over £200. The school has also obtained a Sustainable Lifestyle Award. There is a new choir and the busking band is as popular as ever. There will be the annual music in the field - you just need to bring a picnic. Mrs Casburn announced a Heart Start and Healthy Living Day on 25th May. This will include emergency lifesaving and resuscitation and a sponsored skipathon to raise money for a defibrillator for the village. The Chair thanked the children for the new approach to reporting and hopes this may continue.

Village Appraisal

Keith Good reported on the success of the Appraisal and Plan and summarised resulting activities:

- There is an increased awareness of what the Parish Council does.
- The football club tour of Villiers St Denis did not take place but the School has re-established contact.
- Clear views on housing were expressed wanting small development and conversions of existing buildings/barns. These views were taken into account in reports to North Norfolk District Council (NNDC) on the Local Development Framework.
- Renewable energy is of interest, in particular wind energy.
- A textile bank is in place.
- The possible increased use of school facilities is being investigated.
- Adult education queries have been raised with County Council but no response received.
- The views of increasing small business numbers have been passed to Planning Officers.
- There were requests for Chiropody services at the Surgery and this has been introduced. Physiotherapy requires more space than can be provided at the Surgery.
- Articles have been published in 'In Touch' describing routes of the Community Bus. New posters and timetables are being produced.
- County Council rejected a 20mph limit round the Green.
- White posts have been put at the edge of the Green, with posts outside the Red Lion and reseeding to prevent parking on the Green.
- The Cricketers and Footballers could be approached by any women wishing to join the clubs.
- The Community Centre Committee has taken on the Fete and Picnic. No dates were available for this year but a provisional date of 29th June has been set for 2008.
- The Village Diary is not working, as information is not being passed on to Claire Knight or David Robinson.
- The Appraisal and Plan document was designed by Claire Knight and is proving very useful.

Safer Neighbourhood Policing Team

PCSO (Police Community Support Officer) Simon Beresford has been around the village and attended Parish Council meetings making himself known. He is the designated PCSO for this parish. Full contact details are on the notice boards.

Children's Playground

The Playground Committee is ongoing. Ideas and quotes are awaited and the brief was sent to 3 suppliers. There needs to be an under 5s facility and equipment for 5-14 year olds (climbing and replacement of the swing set). Currently awaiting prices before making applications for funding.

Twinning

A recent visit from some residents of Villiers St Denis advises that they have not had much response from the school. This may change with the new expectations of increased language teaching in Primary Schools.

Wind Turbine

Wind energy was supported in the Village Appraisal and Simon Brocklehurst was invited to the Parish Council meeting in March to discuss this. An 800kw output size was suggested (approx. ½ the size of that at Swaffham). It would pay for itself within 7 to 8 years. The turbine life is 25 years and waiting time for an order is up to 3 years. Wind speed data has to be gathered for 6 months. If anyone is interested in getting involved further please approach the Parish Council.

Footpaths

County Council have made improvements to Malthouse Lane with the widening to its historical width of 2 metres. They are now looking into the drainage of the School Road end of the path. Thanks were expressed to land owners who allow the many permissive paths.

Allotments

A very successful 3rd year for the Allotment Association. 3 tenants have left this year but 4 more have taken over vacant plots.

Bottle/Clothing Banks

There are posters on the notice boards showing how much money comes back to the Parish from the bottle banks. (Only bottles will be removed, not the associated packaging left when the bank is full.) The clothing bank has been a huge success.

Community Centre

The bar has been refurbished. Draft tender documents for the extension have been sent out, then grants can be applied for.

District Councillor Peter Willcox's Report

The LDF is NNDC local plan, which should run until 2021. A revised core strategy is to be published in June then there is a further 6 weeks of public consultation. Representations from that are sent to a Government Inspector. The parish should retain the current development boundary and infill is still permitted. Land outside the existing boundary can be suggested/allocated via the site specific consultations. Allocation is limited to 26 dwellings, which include affordable housing for local need under the 'local letting policy'. This is designed for a district wide need, not a local need. Infill development of 2 or more properties must have 50% affordable. Construction must include higher energy efficiency and renewable resources.

County Councillor Peter Moore's report

All parishes want reduced speed limits but the Highways officers will only consider these if they are self enforcing. The new household projection figures provided by the Government are considered out of date so they have been argued as the minimum figures to work to. County Council are looking at the implications of increased housing numbers on its services as well as how it can utilise its own land to provide homes for local people. County Council leadership has changed 3 times in 2 years so it is hoped a period of stability in leadership is to come.

Surgery

Dr Wood reported recent changes. There is a photo board of staff in the waiting area. A chiropody surgery has started due to the Village Appraisal feedback. There is the equivalent of 1½ doctors and staff numbers have increased from 6 in 1994 to 16 today. There are constant changes in the Health Service and a growing list and the impact of the LDF may mean a change of role for the Practice. Outpatients' clinics are likely to be passed to Surgeries but would need the flexibilities of larger practices. Expansion may become necessary with the possibility of a partner but the size of the building is restrictive. The Surgery gained a high rating in the PCT surveys and any expansion needs to ensure we don't lose the feel of a small Surgery.

Village Care

Peter Wedge reported an increase in lunch club attendance. The 'helping hand' initiative started in March as a result of the Village Appraisal. It is a scheme being piloted in this parish. People who require help with practical problems (changing light bulbs, programming heating etc...) ring a designated mobile phone (07900 061 243) or the Surgery who pass the details on to a person best suited to fit the need.

There are many events that take place in the parish and we are lucky to have such diversity. The annual Fun Fair, Fruit and Vegetable Show, the visit of Father Christmas, to name just a few. Reports were given from Church and Chapel, Football and Cricket Clubs, Over 60s, History Society, Aldborough Players, etc, etc.

The full minutes are available in the Post Office.

ALDBOROUGH PARISH COUNCIL

Next meeting on **Wednesday 30th May** at **7.30** in the Community Centre. After this the preferred day will be Monday again, with the following meeting on **Monday 9th July**.

Stop press: items from the minutes of the meeting on 14th May:-

- Martin Elliott stood in as chair for this meeting only. It was agreed to elect a chair at the next meeting.
- Aldborough has been **short listed for the EDP Pride in Norfolk Award**. A date has not yet been confirmed for the judges to visit the village.
- The **Village Diary** has been updated and a number of fixtures are detailed.
- The **recycling credit of £849.12** has been received.
- Norman Lamb has received a response from NCC in respect of our request for a **20mph limit round the Green**. He felt the response was unacceptable.
- **Planning** Residential Caravan at Aldborough Hall, application refused and an enforcement notice is due to be issued at end of October 2007; Bretts Cottage, Chapel Road – approved; Anglian Water radio mast, Thurgarton Hall Road, Thurgarton – approved; John Brown's House, solar panel – approved.
- **Football and Cricket** The Parish Council are generally encouraged with the way the Football Club is maintaining support and developing a reserve team. However the Parish Council are disappointed that the Football Club have not fulfilled their contract with respect to remedial work on the Green following each match. An informal meeting with representatives of the football and cricket clubs had discussed drainage issues and general maintenance of the Green. The Football Club are considering organising a five-a-side/fun day in the summer. There will be a 2nd XI football team next season.

KWIK CRICKET on Aldborough Green will begin after the half-term holiday – watch out for posters.

ALDBOROUGH SCHOOL

The **Summer Fair** will be on **Saturday 30th June, 4.00 – 6.00.**

Music on the Field

Tuesday 17th July at 5.30 p.m. (provisionally)

Aldborough Primary School football team will represent Norfolk in the National Finals of the English Schools' Football Association at Keele University on 16th June.



ALDBOROUGH COMMUNITY BUS

New timetables are now available, including the Wednesday services. Ask Nita Good for one, pick one up in local shops, or contact *traveline*.

NB. Some routes go through other villages covered by 'In Touch' and their residents are welcome to use the service!

Sanders bus to Cromer, Sheringham and Holt also has a new timetable which involves a little re-routing to go through West Beckham. Departure times appear to be unchanged. To find out more ring *traveline*.

ALDBOROUGH FAIR

K Gray's **Fun Fair** will be on the Green, arriving 17/18th June, opening **Wednesday 20th to Saturday 23rd June.**

ALBY WITH THWAITE PARISH COUNCIL AGM, 9th May 2007

Election Results Uncontested election. Councillors are: James Buchan, David Joyce, John Mims, Brian Platts & Steve Wade. Additional members to be co-opted. Acceptance of office forms signed.

Election of Officers Selection of Chairman and Vice Chairman postponed until next meeting. Brian Platts and Stephen Jordan to continue as Footpath Officers.

Wind turbine at Middle Hill - Planning Permission approved by NNDC.

Deer's Glade Caravan Park

Dogs fouling adjacent footpath. Site provides dog exercise area and waste bin near footpath. Provision of dog waste bins at each end of footpath not the site's responsibility. Clerk to find cost to Parish Council of provision of bins and/or fouling notices.

Permanent residents. There are none at present.

Thwaite Common

Trees. All trees on and adjacent to the common have Conservation Area protection.

Drain under road. Following damage by Highways Dept, now repaired and to be maintained by Highways.

Smallholding, Church Road, Alby Cllr. Willcox to discuss with NNDC Environmental Health Dept. and report back. Members thought site had been tidied.

Bus shelter

a) Clerk to enquire about cleaning, County Council grant application, proposed footpath from shelter to Alby PO & shop, and possibility of contribution from Erpingham PC towards cost of second shelter (for Cromer-bound passengers)

b) quotations received for base for second shelter, opposite Downtide Marine

c) details of more appropriately designed rubbish bins received.

Alby Low Common Clerk to write to Anglian Water re possibility of main sewer provision.

Weavers Way Concern that footpath No.5 Weavers Way from Alby Churchyard being used by horses - clerk to contact County Council.

Business at Common Farm, Thwaite Common Concern from neighbours about continued use of large delivery vehicles despite plans to offload to smaller vans in layby on main road, as proposed during planning application discussion. Clerk to write to Mr Turner (owner) with copy to Planning Department. Council to investigate progress on new workshop in North Walsham to which business is due to relocate in Autumn.

Update on Thwaite Common

As most readers will be aware, the Thwaite Common Management Committee has for some time been attempting to apply for permission to fence at least part of Thwaite Common. This issue has consumed the time and energy of many others over the years. The fencing is intended to allow grazing to return to the common and consequently to allow the common to be better managed for wildlife. Since grazing ceased a few years ago, the wild flowers on the common have noticeably suffered.

The last advice received from DEFRA, who govern the process for seeking consent for fencing commons, was that because Thwaite Common is a Scheme of Regulation Common, managed by the local authority, it was not subject to the normal consents procedure. Thus we enter the complicated and often archaic world of common land law!

In brief, DEFRA suggested that we consider whether some sort of fencing was allowed under the Scheme of Regulation, which works a little like by-laws. Having taken legal advice, it was decided that temporary fencing was permissible, if it allowed for restoration of the botanical interest of the common. Plenty of access points will be provided for walkers.

As I write, the Management committee hopes that the fencing and the grazing will take place over the next few months. We will monitor the changes to the vegetation and decide when it is time to remove both animals and fence. From a wildlife point of view this is not an ideal solution, but it should help begin a process of restoration on what was once one of the finest wild flower areas in Norfolk; in the meantime, we await changes to common land legislation that should allow us to apply for a more permanent solution.

Helen Baczkowsk, Conservation Officer, Norfolk Wildlife Trust

Notes for walkers on the Common

A few milkwort are bravely in flower at the side of the paths - reminding us of the carpet of blue that used to cover the high bits of the common in May. Lady's smock have been few and far between, but the bushes - sloe and gorse and now may-blossom, have all been magnificent. News of grazing this season is really wonderful, and in time will no doubt restore our carpet of wild flowers.

AYLSHAM MUSIC presents Andrew Adams Cello
Harry Macey Piano
JS Bach, Lloyd Webber, Frank Bridge and Charles Proctor
St Michael's Church, Aylsham, Thursday 21st June, 1.00
£6, children free Refreshments from 12.15

AYLSHAM COUNTRYSIDERS (normally meeting in Aldborough Community Centre)

The club is now one year old (doesn't time fly!) and thriving. New members are always welcome - the summer programme is packed with fun meetings and competitions and the first two meetings are free for them to come and see if they like what we do. For an information pack or further info please call the YFC office on 01603 731307.

Thursday 7 June - WOW! A surprise night! Don't miss this one!

Thursday 21 June – Bring a change of clothes as you WILL get wet!

Kayaking at Eaton Vale.

The minibus leaves at 6.00, back about 9.00. Please book & pay £10 for this meeting by 7th June

From the Editor's postbag

"May I, through 'In Touch', thank the many friends who have so kindly sent cards during my stay in hospital? They have been a great comfort and very much appreciated.

Affectionately, Edith (Buchanan)."

THANKS for donations recently received from readers in Erpingham and Aldborough, and 2 books of 2nd class stamps through the letterbox.

THE NEXT ISSUE Copy please by **Monday 12th June.**

Editor: Ruth Bayes, Chesterfield House, The Green, Aldborough, Norwich NR11 7AA. 01263 768063.
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